



White Rock-South Surrey  
Primary Care Network

## Primary Care Network

# Neighbourhood Nurse



A **PCN Physician** can refer their client to the Primary Care Network Nurse for assistance with:

\*These are suggestions, not a complete list. For any clarification contact your NN directly.

### Screening

Fall Risk  
Swallowing/Nutrition/Oral health  
Anxiety / Depression

### Assessments

Physical (VS, Pain and Systems)  
Skin breakdown  
Cognition  
Medication Response  
Mobility / Functional abilities

### Interventions

Short term wound care  
Fall prevention strategies  
Recent Hospital Discharge F/U  
Medication compliance

### Support for home bound clients:

Specimen collection  
Ear flushing  
Injections/Immunizations

### Education

Chronic Disease & Lifestyle  
Self Management  
CHF  
COPD  
Diabetes  
Weight & Wellbeing  
Anxiety  
Depression  
Chronic Pain  
Medication Education / Management

### Connection to Community

#### Resources such as:

Other PCN team members (SW, Pt Ed, Pharmacist)  
Social Prescribing (Brella)  
Sources Counselling  
Community Respiratory Services  
Chronic Disease Programs  
Diabetes Prevention  
Mental Health programs  
Activity Programs

