



First Nations and Aboriginal
PRIMARY CARE NETWORK

INTRODUCING

FIRST NATIONS AND ABORIGINAL PRIMARY CARE NETWORK

NORTH SHORE | VANCOUVER | RICHMOND | SUNSHINE COAST

JANUARY 2021



Musqueam Indian
Band



Squamish Nation



Tsleil-Waututh
Nation



Tla'amin
Health



Kilala Lelum
Health Centre



Lu'ma
Medical Centre



Urban Native
Youth Association



Vancouver Aboriginal
Health Society



First Nations and Aboriginal
PRIMARY CARE NETWORK

**“We have come a long way
– we shouldn’t undermine
or under estimate how far
we have all come in our
relationships and
collaboration”**

MANDATED SPOKESPEOPLE FOR THE FNAPCN AS AT 2021



COREEN PAUL

MUSQUEAM INDIAN BAND



DR. MICHAEL DUMONT

MUSQUEAM INDIAN BAND
LU'MA MEDICAL CENTRE



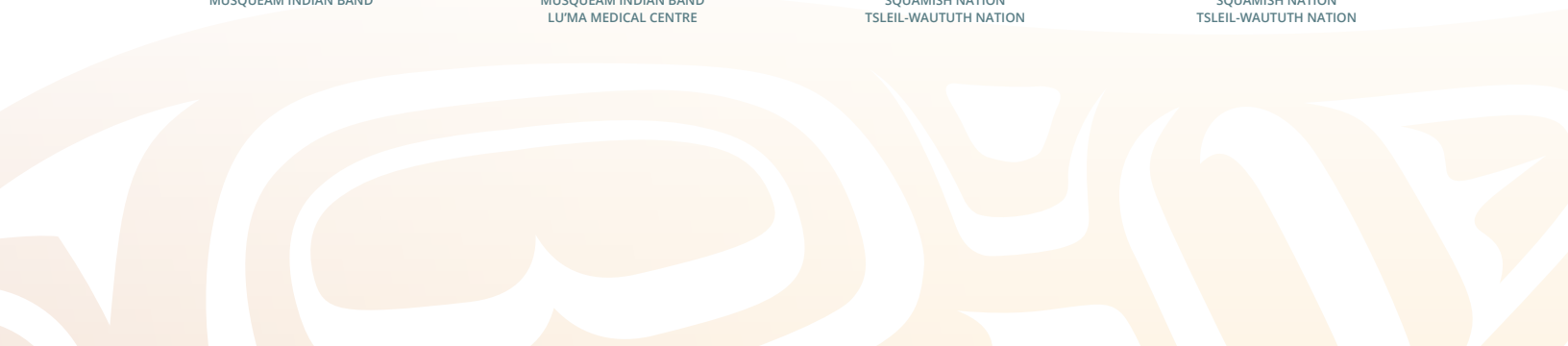
DR. GEORGIA KYBA

SQUAMISH NATION
TSLEIL-WAUTUTH NATION



DR. RAYMOND CHABOYER

SQUAMISH NATION
TSLEIL-WAUTUTH NATION





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“Nation-Based and Community-Driven Primary Health Care – commitment to accelerating the improvement of holistic healthcare for the First Nations & Aboriginal population in BC”



Musqueam Indian
Band Primary Care
Clinic



Squamish Nation
Kalnúmet Primary
Care Clinic



Tsleil-Waututh Nation
Ćeĉawat Ielam Helping
House Primary Care
Clinic



Tla'amin
Health



Kílala Lelum
Health Centre



Lu'ma
Medical Centre



URBAN NATIVE YOUTH
ASSOCIATION

Urban Native
Youth Association
Native Youth Health
& Wellness Primary
Care Clinic



Vancouver Aboriginal
Health Society
Primary Care Clinic

LAND ACKNOWLEDGEMENT



la tə na wə ni? ʔə tə šxʷʔaməts tə shəŋqəmiŋəmq ən - hay
təxʷməθkʷəyʷəm ʔi? ʔəw tə šxʷʔaləqʷa? ct, tə sqʷχʷaməx
ʔi? tə səl'ilwətaʔt məsteyəxʷ
(Henqumenim)

Wa chet kəyáchtnitúmi-yap kwis-yap, ánun' - tumulhas
wa m' i i-X na7 tkwitémixw-yap tla'á Skwxw ú7mesh
xʷməθkʷəyʷəm iy
(Squamish)

To the Musqueam, Squamish and Tseil-Waututh Nations:
We Raise our hands to every one of you that have
allowed us to be on all of your traditional, ancestral and
unceded territory and homelands.
(English)

čéčəhaθéč ʔa taθ qʷal
ʔatəms gɪjɛ
ʔimot təms qʷal qatʰew
(Tla'amin Nation)

Welcome to our land
It's good that we've all
come together
(English)





First Nations and Aboriginal PRIMARY CARE NETWORK

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WHY ARE WE MEMBERS OF THE FNAPCN

“Clinics have increased their understanding of other partners”

“The opportunities offered for us through data we collect will be huge in the future – it is laying a good foundation”

“The Network provides increased networking opportunities”

“Willing partners is very helpful and good – we have VCH leaders and professional practice and Practice Support Program as well”

“Partnerships were built, and people are on the same page with shared goals”

“I have noticed the ‘gelling’ of people at that table – we are starting to get onto the same page – we are benefitting from being there and learning even more”

“The networking meetings has increased awareness of what each other does and provides”

“We are in this together and support each other through the most challenging times”

“Having the ability to network with the other First Nations and Aboriginal clinics has been amazing – especially for new folks coming into this work”



PURPOSE

Our first version of this information booklet was produced in July 2017. We are pleased to present an updated version of this resource which has come about to reflect the significant growth and expansion of our network since we began in October 2016.

The purpose of this document is to provide an informational resource about the First Nations and Aboriginal Primary Care Network (FNAPCN) for use by members, funders, and other partners as we work together to support:

- the vision of our network which is to significantly improve First Nations and Aboriginal health outcomes in greater Vancouver and the Sunshine Coast (both on-reserve and urban); and
- the success and sustainability of its individual members to continue serving our priority population.



ABOUT US

The First Nations and Aboriginal Primary Care Network (FNAPCN) is a unique and exciting informal collaboration of the First Nations and Aboriginal primary care clinics in greater Vancouver and Sunshine Coast in the traditional territories of Musqueam, Tsleil-Waututh, Squamish Nations and Tla'amin Nation.

The collaboration began in October 2016 through an invitation by the three sovereign Nations to three urban Aboriginal health organizations delivering primary care – to come together for the benefit of First Nations and Aboriginal patients in the sovereign Nation territories. The six organizations agreed early in their relationships to form the FNAPCN to collaborate on the delivery of Indigenous, holistic, and culturally safe primary health care. In 2019, Tla'amin First Nation (Powell River) and Kilala Lelum Health Centre joined the FNAPCN expanding the geographic scope of FNAPCN beyond urban Vancouver to the Sunshine Coast. This is the first ever sovereign Nation and urban primary health care collaborative of this kind in the region, who coincidentally shaped a direction that aligns to the provincial primary care strategic direction. Partners were quick to see huge opportunities in collaborating in a number of areas in the future to create a meaningful impact on Aboriginal health. It is an exciting partnership with significant potential.

VISION

In February 2017, the Network members and their partners from the Divisions of Family Practice, First Nations Health Authority and Vancouver Coastal Health came together for a full day of strategic planning and thinking. Arising from this work emerged the following vision:

VISION OF THE NETWORK

To be united as leaders in planning, providing & advocating for the very best services for the First Nations & Aboriginal population.

MEMBERSHIP

The eight members of our Network are the only dedicated Indigenous Primary Care Collaboration in greater Vancouver and the Sunshine Coast:

Original founding members (October 2016)

1. **MUSQUEAM INDIAN BAND HEALTH DEPARTMENT:** Primary care clinic (MIB)
2. **SQUAMISH NATION:** Yúustway Health & Wellness Services Department: Kalnúmet primary care clinic (SN)
3. **TSLEIL-WAUTUTH NATION:** Health Department: əcəcəwət Ieləm Helping House primary care clinic (TWN)
4. **LU 'MA MEDICAL CENTRE** (Lu 'ma)
5. **URBAN NATIVE YOUTH ASSOCIATION (UNYA)** Native Youth Health & Wellness Centre primary care clinic
6. **VANCOUVER ABORIGINAL HEALTH SOCIETY (VAHS)** (formerly known as Vancouver Native Health Society)

Growth members (September 2019)

7. **TLA'AMIN NATION:** Tla'amin Health primary care clinic (TN)
8. **KILALA-LELUM HEALTH CENTRE (KL)** (formerly known as Urban Indigenous Health and Healing Cooperative)

A terms of reference is signed by all primary care clinics to ensure there are clear relationship expectations and most importantly a common understanding of the goals and commitment of the FNAPCN. We are all committed to transforming the way primary care services are delivered and we represent and acknowledge the centrality of the work we do and the connections that bind us together in a shared future. At the time of producing this booklet, we have expressions of interest from other Indigenous primary care clinics also wanting to consider joining our network. A brief 'snapshot' of each organization and its programs and services is in the appendices.

FIRST NATIONS AND ABORIGINAL PRIMARY CARE NETWORK (FNAPCN) INDIGENOUS PRIMARY CARE CLINICS



Hospitals



Closest Transit Stop

First Nations and Aboriginal Primary Care Network Clinics:



Musqueam Indian Band Primary Care Clinic

4010 Si Lu Drive
Vancouver

(604) 266 0043

www.musqueam.bc.ca

W 41 Ave at Holland St



Kilala Lelum Health Centre

626 Powell Street
Vancouver

(604) 620 4010

www.kilalalelum.ca

Powell St at Heatley Ave



Squamish Nation: Kalhúmet Primary Care Clinic

9A - 380 Welch Street
North Vancouver

(604) 985 2052

www.squamish.net

Marine Dr at Capilano Rd



Lu'ma Medical Centre

2970 Nanaimo Street
Vancouver

(604) 558 8822

<http://lnhs.ca/luma-medical-centre/>

Nanaimo St at Grandview Hwy



Urban Native Youth Association Native Youth Health & Wellness Primary Care Clinic

1640 East Hastings Street
Vancouver

(604) 253 5885

www.unya.bc.ca

E Hastings St at Commercial Dr



Tsleil-Waututh Nation cécéwət leləm Helping House Primary Care Clinic

3168 Alder Court
North Vancouver

(604) 929 4133

www.twnation.ca

Dollarton Hwy at 3000 Block



Tla'amin Health

4895 Salish Drive
Powell River

(604) 483 3009

www.tlaaminhealth.com

Hwy 101 at Sliammon



Vancouver Aboriginal Health Society Primary Care Clinic

449 East Hastings Street
Vancouver

(604) 255 9766

www.vaahs.life

E Hastings St at Jackson Ave



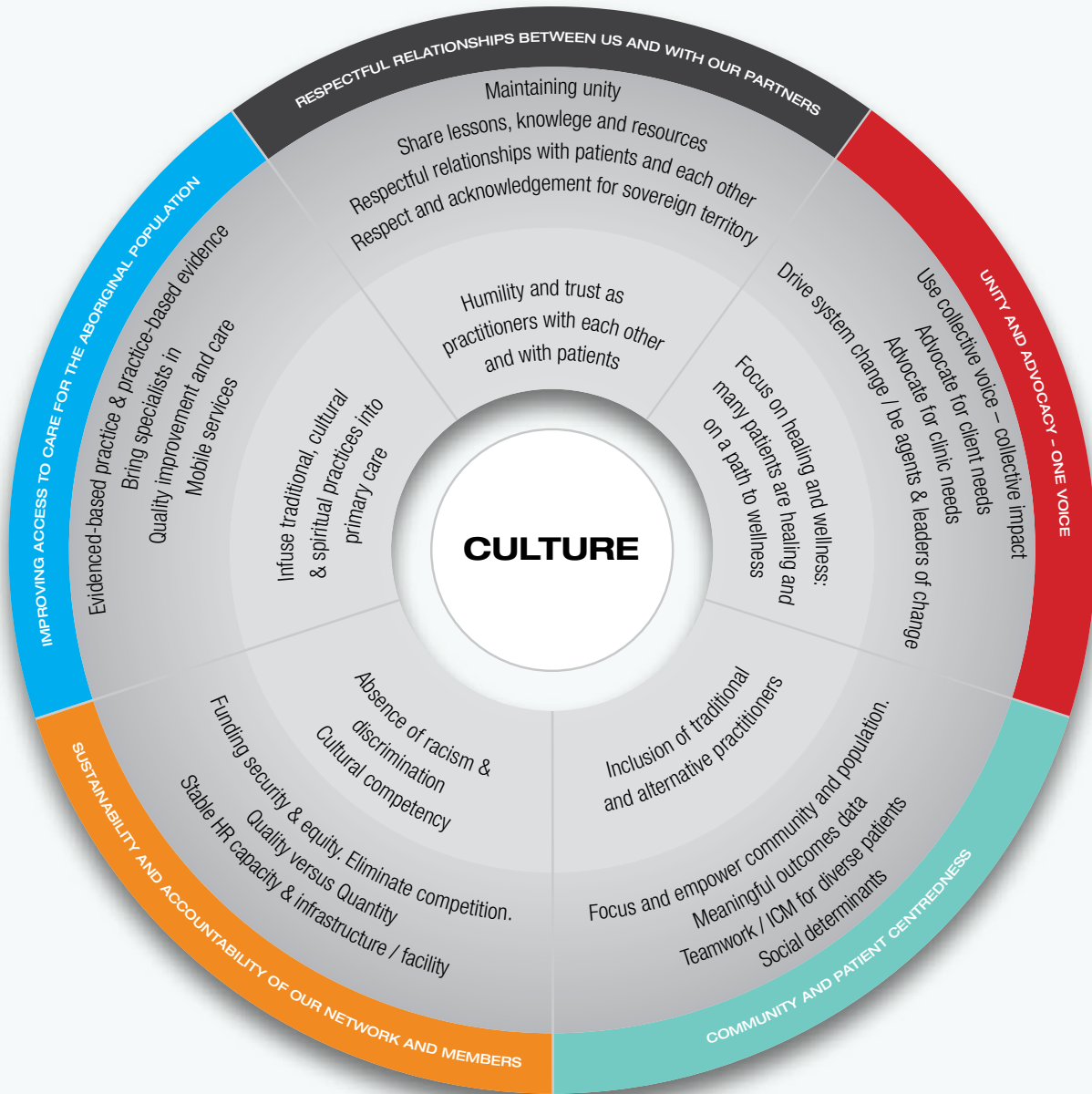


GUIDING PRINCIPLES

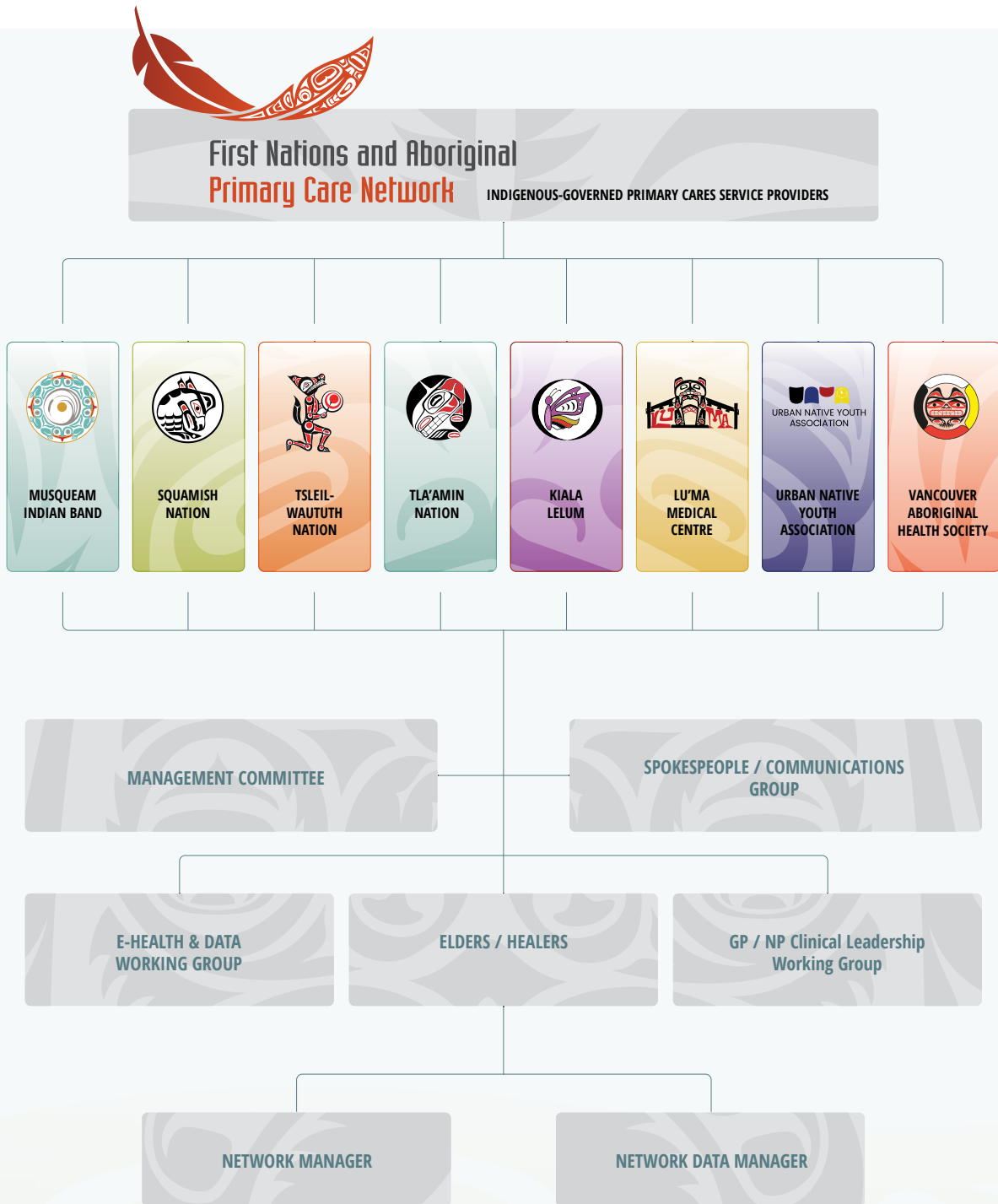
Six guiding principles are the foundations for our collaboration:

- Culture in everything we do
- Improving access
- Respectful relationships
- Community and patient-centeredness
- Unity and advocacy
- Sustainability

The following diagram provides more detail on what underpins each of these guiding principles:



ORGANIZATIONAL STRUCTURE



ROLES & RESPONSIBILITIES

Management Committee

The FNAPCN management committee (as mandated decision makers) established in 2017 consists of members from the founding primary care clinics to govern the FNAPCN until a formal legal entity or operation is agreed upon. All decisions, plans, strategies, discussions, and agreements are conducted in a manner that is consistent with the guiding principles of the FNAPCN. Through the signed terms of reference, the FNAPCN agreed that the membership shall comprise of an equal number of First Nations and Aboriginal organizations to ensure a balanced equitable voice in decision making. The management committee consists of representatives who can make decisions within the authority delegated to them by their governing bodies. If formal decisions are required, at least one authorized representative per member organization is required to agree to such decisions.

Spokespeople

The FNAPCN formally nominated and selected four mandated spokespersons for the Network in October 2017 to act as representatives for all media and external communications, although noting that permissions are sought prior from each Band management before any external notifications are made. The well-respected representatives manage external communications, presentations, media enquiries and general requests on behalf of the FNAPCN membership.

E-Health & Data Working Group

The FNAPCN formed an E-Health and Data Working Group early in the establishment of this group to maximize the use of data and identify opportunities for collating aggregate data to be able to monitor the health of the Aboriginal population in the region (acknowledging that some clients may be non-Aboriginal). A significant benefit within the FNAPCN is the fact that all eight clinics are on the same EMR (plus other platforms), which allows for streamlined opportunities to work together as a network using data as a sound evidence base for targeted and collective efforts. Since its establishment, the E-Health and Data working group has worked diligently to decide upon a standard set of patient diagnosis coding – namely a Disease registry; improved the accuracy and consistency of data through panel clean-ups; have created numerous EMR scripts for the collection of data; have produced a Wellness Registry tool; developed a COVID-19 assessment tool; and have created a baseline data collection dashboard report. Partners are invited to meetings as a reciprocal relationship that enables the ability for each other to support with overall analysis and data collection. The E-Health and Data group are cognisant that any data work done collectively ensures protection, confidentiality, and rights of community members. The FNAPCN ensures that ethics are addressed and that OCAP-based standards and criteria are the foundation for the use of information. All work produced by the FNAPCN ensures the welfare and autonomy of the community is the priority.

Clinical Leadership Working Group

This is the newest working group for the FNAPCN – established in late 2020 to accommodate the growth and expansion of the network and to advance progress for the Aboriginal population served. This group brings together the medical practitioners such as General Practitioners and Nurse Practitioners who have the clinical knowledge, expertise and skills to provide clinical leadership and guidance to the FNAPCN and to achieve objectives that support better health outcomes for Aboriginal peoples. Initial objectives and purpose of the clinical leadership working group is to advocate based on clinical need; to share information; to ensure cultural practices are integrated into healthcare; to increase access and to provide pathways to specialist care.



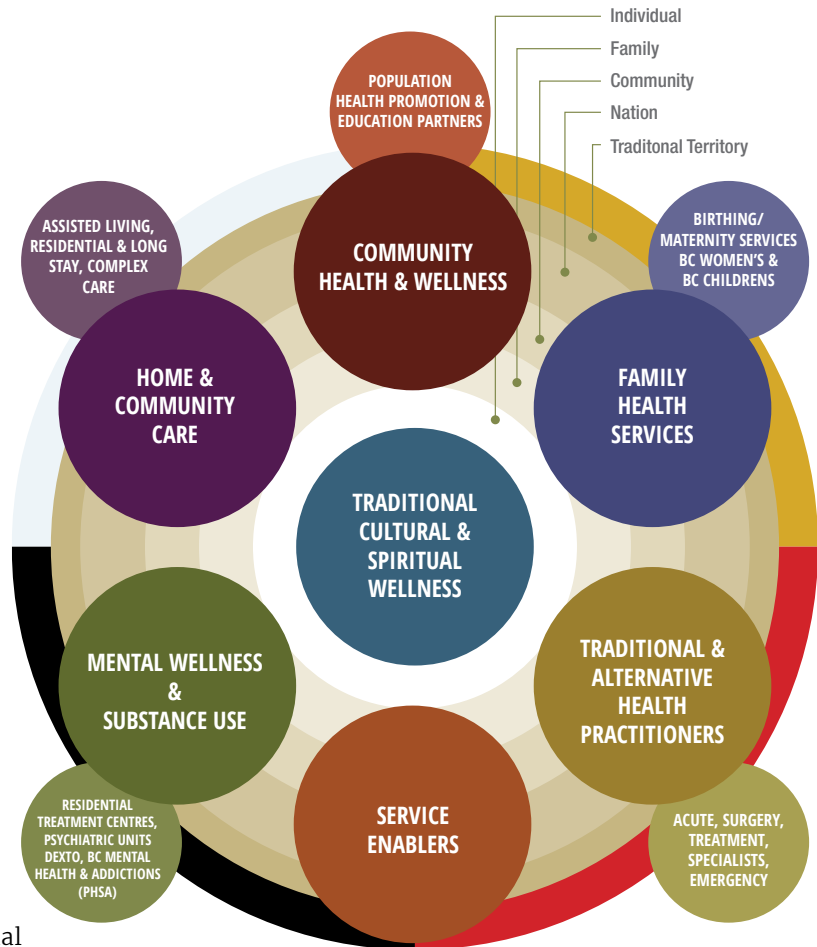
FNAPCN Administration

The FNAPCN is supported by a Network Coordinator and Data Coordinator. The Network Coordinator is responsible for supporting the FNAPCN to develop and implement its vision, goals, objectives and shared initiatives and to act as a liaison between the FNAPCN and its partners through effective communications, partnerships and inclusion in key projects. The FNAPCN meets every 4-6 weeks with meetings rotating around the members (notwithstanding any provincial in-person meeting guidelines) and have been meeting since October 2016. Working group meetings are also held throughout each year at various times. These are coordinated by the FNAPCN Coordinator who maintains and circulates information, coordinates meeting agendas, facilitates connections with partners, develops strategic documents, and produces meeting minutes and associated follow up actions. The Data Coordinator is responsible for supporting the FNAPCN with primary care data collection, analysis, and reporting needs. The Data Coordinator seeks guidance and direction from the E-Health & Data working group as its primary source of advice. The FNAPCN has multiple partner representatives within the data realm with whom the Data Coordinator will facilitate conversations and maintain strong relationships with the guidance of the FNAPCN.

OUR SERVICE MODEL

Primary care can naturally be referred to as a Family Doctor / Nurse practitioner offering essential frontline medical health services however the evolution that the FNAPCN is aiming for to adequately meet the needs of the Aboriginal population is much more comprehensive. There are a number of reasons why the FNAPCN services and programs are more likely to succeed in reducing health inequities for Aboriginal peoples and that is partly due to the fact that our programs are culturally based, holistic and incorporate a wider lens in terms of addressing the social determinants of health – cultural, social, economic and environmental. We look to implement initiatives that remove access barriers, involve community interaction, participation and inclusivity, encourage the recruitment of a culturally knowledgeable and skilled workforce and deliver services and programs that places every person at the centre to ensure they are informed, empowered and strengthened to be self-managing, self-determining and living healthy, safe and fruitful lives.

All of the FNAPCN members support a primary health care service model that places Indigenous culture at the centre – and surrounds this with accessible and culturally safe health care services and programs inclusive of prevention, health promotion, allied health and public health support programs. The service model adopted by the FNAPCN was developed by the 14 First Nations health departments in 2014 – with the support of Vancouver Coastal Health Aboriginal Health. With the permission of the three sovereign Nations involved in the Network – we have adopted this model as a foundation for planning and assessing comprehensive service delivery for our community. The Network members have taken an inventory of their services (see Appendix) to describe the wide array of services that are provided which align with this model.



▲ Service Model

When communities have good access to services and programs, we can keep community members out of hospital and help them to maintain health and independence in the community and in their own homes.

PRIMARY HEALTH CARE in this model refers to the wide range of first contact services: care for people with complex health needs; coordination of care with other service providers and helping people to get well, stay healthy, and to manage their conditions.

INNER CIRCLES - Primary Health Care (front-line processes, relationships, services): Integrated multi-disciplinary teams









OUTER CIRCLES - Secondary care (referred through primary care): some hospital based, some community based

INTEGRATION - how services work well WITHIN a cluster and with OTHER clusters, and with other service PROVIDERS

OUR WORKFORCE

Our workforce has grown significantly from approximately 20 staff in 2017 to over 100 staff in 2020. The FNAPCN workforce is made up of an experienced team of professionals – traditional, cultural, clinical / medical, non-clinical / allied and supportive. We are blessed to have skilled, knowledgeable, and humble practitioners working with our clients, community

members and their families. Note for the First Nations primary care clinics, this excludes the wrap-around health care workers who deliver many other associated health programs (e.g. Home & Community Care; Maternal Child Health, Addiction Counselling, Environmental and Community Health)

								
	Musqueam Primary Care Clinic	Yúustway Health	Tsleil-Waututh Nation	Tla'amin Health	Kílala Lelum Health Centre	Lu'ma Medical Centre	Urban Native Youth Association	Vancouver Aboriginal Health Society
Doctors	●	● ¹	●		●	●		●
Nurse Practitioners	●	●	●	●	●	●	●	●
Elder / Healers	●	●	●	●	●	●	●	●
Mental Wellness Counsellors	●	●	●	●	●	●	●	●
Nurses	●	●	●	●	●	●	●	●
Allied Health	●	●	●	●	●	●	●	●
Peer Support			●		●	●	●	●
Specialists					●	●		●

¹ includes medical and naturopathic doctors





OUR STRENGTH:

THE VAST RANGE OF SERVICES WE PROVIDE ALONGSIDE PRIMARY CARE

FNAPCN members provide much more than primary care services and programs to their clients and communities. This provides significant advantages to patients and their families and to the Network as a whole as there is a wealth of knowledge and experience among the member organizations. The First Nation members for instance are funded to provide (or have self-funded) a range of other health programs and services for their communities apart from primary care clinics including:

- Health Promotion, Chronic Disease, and Injury Prevention (education, resources, and cultural development) – largely public health focuses on maternal child health + injury prevention + chronic disease prevention through Community Health Nurses and Community Health Representatives (CHRs)
- Mental Wellness and Substance services (counseling individual and group; cultural interventions; art therapy)
- Home and Community Care (assessments by home care nurses and home care workers with some incoming rehabilitation services and Elders care)

- Navigation and advocacy for First Nations Health Benefits such as medical transportation, medical supplies, and equipment
- Navigation and advocacy for accessing local health professionals and hospital services

In addition, each Nation has access to programs offered by other parts of the Nation's infrastructure such as education, child and family services, recreation, housing, and social assistance, among others. The urban Aboriginal clinics also provide or have access to other services and programs such as (list not exhaustive):

- Elders programs
- Aboriginal youth programs
- Cancer Care program
- Dental services
- Midwifery services
- Children's Village and Aboriginal Patient Lodge
- Men's programs
- Youth addiction treatment and counselling
- Aboriginal Housing and homelessness programs
- Community Voicemail

Refer to Appendices for further description of services.



OUR PROTECTORS:

VALUED AND RECOGNIZED ABORIGINAL ELDERS, HEALERS AND KNOWLEDGE-KEEPERS

Through advocacy and support by the FNAPCN, we are delighted and grateful to the Ministry of Health, who approved Indigenous Cultural Support roles (Elders and Traditional Healers) as recognized primary care practitioners in late 2020 as part of the province's Integrated Primary and Community Care model demonstrating the commitment to TRC Call to action 21 & 22 and UNDRIP Article 11 & 24.

Elders, Healers, and knowledge-keepers can be described as 'someone' who is considered exceptionally wise in the ways of their culture and teachings of the Great Spirit. They are recognized for their wisdom, their stability, their humour, and their ability to know what

is appropriate in a particular situation. They are caring and are known to share the fruits of their labors and experiences with others in the community – and they often bring a calming peaceful effect to a situation. They hold unique and honored positions within Aboriginal communities and are seen as the carriers of traditions, culture, and teachers of wisdom. The FNAPCN is acutely aware that these roles are never to be underestimated in terms of the value they bring and the role they play when delivering culturally based holistic primary care services. The FNAPCN is honoured to have this opportunity to implement a community holistic model of practice that brings together Traditional and Western Medicines.

OUR PARTNERS

The FNAPCN has been fortunate to create, maintain and develop wonderful relationships and partnerships since our inception, not only through financial support but for the technical guidance and moral support while still allowing the FNAPCN the autonomy to implement an Indigenous-led Nation Based and community driven network. Primary Care is a very large system and relationships are essential to the operation of the FNAPCN and our individual clinics – we are committed to maintaining and building relationships with our dedicated and loyal partners.

Partners of the Network are as follows. Many are local partners with individual clinic members and provide provincial information, individual and collective technical advice and support, and funding:

- Vancouver Coastal Health: Aboriginal Health, Primary Care, Community Health, Professional Practice
- Ministry of Health, Primary Care, BC
- Doctors of BC: VCH Practice Support Program and General Practice Services Committee (GPSC)
- North Shore, Richmond, and Vancouver Divisions of Family Practice
- First Nations Health Authority
- UBC Residency programs
- City of Vancouver
- Local pharmacies and laboratories
- Providence Health Care

The FNAPCN members are grateful to our partners for the various primary care funding for each of the clinics such as VCH APP and NP4BC; FNHA JPB and PCN; Providence Health and for the Ministry of Health Primary Care PCN funding.

Grants, donations and additional support have been provided to some clinic members by Central City Foundation, Vancity, Telus, ISC, Vancouver Foundation, YWCA, Powell River – coastal by nature, Qathet regional district, Canadian Mental Health Association among others and members have many partnerships and alliances. The FNAPCN is also open to collaborating with other partners such as philanthropic organizations, community social organizations, educational institutions, and other donors/ investors to help achieve collective and individual goals of members.

The FNAPCN would like to specifically acknowledge the Vancouver Coastal Health Aboriginal Health team for their financial and technical support, loyalty and guidance since the Network began; to the Divisions for their financial and technical assistance (including the General Practice Services Committee - Doctors of BC); and the Minister of Health / Assistant Deputy Minister for their support, encouragement and advocacy for the Network. The reflection of the work we do could not have been achieved without your dedication, trust, and visionary confidence in the FNAPCN - we raise our hands to you.

ALIGNMENT WITH PROVINCIAL PRIMARY CARE APPROACH

In late 2017, the BC Government developed its updated direction in primary care involving the formation of Primary Care Networks (groups of practices / clinics) and Patient Medical Home (clinics with attached groups of patients). The informative General Practice Services Committee (GPSC) Implementation Guideline meticulously sets out the vision to the integrated system of care. It was only by chance that the terminology of PCNs used by the Ministry happened to coincide with what the First Nations and Aboriginal Primary Care Network members had named the collaboration. There was never any intent originally for the FNAPCN to align its name with any provincial initiative however in hindsight being able to pre-empt this announcement allowed the FNAPCN to quickly align the work already done to the provincial direction and strategy.

To validate the alignment, the FNAPCN conducted an exercise to compare its development and operations with the criteria, characteristics, and attributes of the PCNs and PMHs as defined by the province. The results demonstrated a very strong alignment – in fact, in many ways it showed that the FNAPCN was already ahead of the curve and well down the track of operation. The FNAPCN attachment rate increase from an estimated 4,000 to 7,000 in 3 years provided evidence of this and is reflective of what the province is aiming to achieve. The one unique difference is the province defines a PCN as a “network of geographically linked family practices” and the FNAPCN pays homages to the traditional territories of the First Nations and are networked from an Indigenous population-based perspective. Irrespective of this difference in approach, the FNAPCN has and will continue to work proactively and collaboratively to contribute information, support and provide Indigenous Primary Care guidance to the geographically based PCN’s as collaborative partners. The FNAPCN could arguably be defined as leading the way and will work with its partners to maximize opportunities to improve the health of one of the region’s high priority population groups.

The FNAPCN have done and continues to do all the things a PCN is intended to do:

- established ourselves as a Governing Group with a defined TOR
- contracted a PCN Manager and PCN Data expert (contracted)
- targetted quality data collection and reporting framework developed through an established E-Health & Data working group (sub-committee)
- developed a holistic model of care through both diseases treatment plus Wellness Indicators
- increased attachment of a very vulnerable population – 4,000 to 7,000 in 3 years
- expanded our members (focused on our target population) to include two other clinics – with more seeking interesting to join
- established a consistent EMR platform and data collection framework
- created cross-referral systems to other community programs – integrated primary and community care model
- engaged partners since establishment (VCH, FNHA, GPSC, DOFP)



OUR PRIVILEGE TO SERVE

DEMOGRAPHICS

It is estimated that there are around 21,315 Aboriginal peoples in Vancouver of which the majority (approx. 4,000) reside in the Downtown East Side. According to census data, First Nations peoples are the largest of the Aboriginal population group in Vancouver, accounting for six in ten (58%) of the total Aboriginal population. Métis account for 37 percent of the Aboriginal population, while less than one percent identified as Inuit. The Tla'amin Nation community has approximately 1,170 members (approximately 9% of the total population) with majority living in the main village site in Sliammon.

- Vancouver and Powell River has a relatively young Aboriginal population.
- The Aboriginal population living in Vancouver is slightly younger than the non-Aboriginal population (with a median age of 31 years, compared to 39 years for the non-Aboriginal population). A similar pattern is observed Canada-wide, but is not as pronounced in Vancouver.
- Compared to non-Aboriginal residents, the Aboriginal population, in addition to being younger, has higher unemployment rates, lower education and income levels. Aboriginal youth in the city are also more likely than non-Aboriginal children to be living in a single-parent household.
- Tla'amin Nation has a young population that is rapidly growing with over 60% of members under the age of 40.



FIRST NATIONS POPULATIONS

According to AANDC First Nations profile data, there are an estimated 6,353 First Nations community members of the three sovereign First Nations communities (Musqueam Indian Band, Squamish Nation & Tsleil-Waututh Nation) in the greater Vancouver area and 1,173 First Nations community members in Tla’amin Nation:

- 3,786 living on-reserve
- 3,740 living off-reserve

Each community already has a varied range of local on-reserve health services which are complemented by VCH services and privately delivered services for community members. Each of the communities are unique in their culture, traditions, and geography.

First Nations on and off-reserve populations in urban Vancouver (September 2020)

First Nations community populations <small>(March 2020, AANDC)</small>	On community reserve	On other Reserves and off Reserves	TOTAL
Musqueam	669	764	1,433
Squamish	2,210	2,096	4,306
Tsleil-Waututh	291	323	614
Tla’amin	616	557	1,173
TOTALS	3,786	3,740	7,526



URBAN VANCOUVER ABORIGINAL POPULATIONS

In British Columbia, 78 percent of Indigenous people from First Nation, Métis and Inuit backgrounds are living, studying, and working in urban and off-reserve areas ¹. Urban Vancouver has the third largest Aboriginal population of any city in Canada, after Winnipeg and Edmonton. There are some 21,000 Aboriginal people residing in urban Vancouver (North Shore, Vancouver and Richmond) but this number is likely to be higher in reality as it is known some Aboriginal people do not identify their ethnicity². This number includes First Nations (both BC and non-BC), Métis and Inuit peoples. Of the total, around 4,400 (25%) reside in the Downtown Eastside Local Health Area (LHA) and 2,500 (15%) reside on the North Shore. Estimates are that around 2/3 of the urban Vancouver population are First Nations (BC and other Provinces) and the remainder are Métis and Inuit. It should be noted that the Urban Aboriginal Peoples Study³ (UAPS) showed 40,310 Aboriginal people living off-reserve in Metro Vancouver (representing 2% of the total city population).

Urban Aboriginal Population in greater Vancouver (2016)

Urban Vancouver Areas	Aboriginal Population Census 2016
RICHMOND	
Richmond LHA 038	1,595
VANCOUVER	
City Center LHA 161	2,355
Centre North LHA 162	3,985
North East LHA 163	2,485
Westside LHA 164	2,235
Midtown LHA 165	2,015
South LHA 166	1,800
Subtotal - Vancouver	14,875
NORTH SHORE	
North Vancouver LHA 044	3,505
West Vancouver LHA 045	1,340
Subtotal - North Shore	4,845
GRAND TOTAL	21,315



1 <https://www2.gov.bc.ca/gov/content/governments/indigenous-people/supporting-communities/urban-off-reserve-aboriginal-people>

2 www.aandc.gc.ca : Fact Sheet (Sept 2010) - Urban Aboriginal population in Canada – noting a trend over the years for Aboriginal people to complete the census when they had never done so before.

3 Environics Institute Urban Aboriginal Peoples Study, 2011

FNAPCN PATIENT PANEL

The First Nations Primary Care Network has 8 Indigenous member clinics, 7 of whom operate in the greater Vancouver area. Between the 7 primary care clinics, 6,410 patients are enrolled as at 30 June 2020 (currently excludes Tla'amin Nation and Mustimuhw data and therefore likely to be closer to 7,000) of whom an estimated 85% identify as Aboriginal. This number of patients represents about 30% of the total Aboriginal population of 21,315. The FNAPCN serves a very diverse and wide geographical spread of patients with some clinics serving over 30% of First Nations who are from Nations outside of BC. Furthermore, it is not uncommon for any of the FNAPCN primary care clinics to serve patients multiple times throughout any given year, with the average frequency of individual visits ranging from 3-6 visits per year compared to the provincial average of approximately 2.5 visits per year.

Our goal is to increase the attachment to 10,000 (47% of Aboriginal population) by 2023 and 50% of the Aboriginal population by 2025, by targeting the many non-attached Aboriginal individuals and families who reside in the region. The primary diagnoses of the FNAPCN's patients are drug and alcohol dependency, anxiety, depressive disorders, chronic pain, arthritis, and diabetes.



KEY PRIORITIES FOR FIRST NATIONS

Each of our First Nations members have developed a 10 Year Community Health Plan, which has included findings from engagements and surveys with community members. We draw on these community-guided priorities to help us ensure we respond to the needs of communities:

- **Musqueam (CHP 2015 – 2025):** While priorities were identified by the community in 2015, they provide a useful opportunity to cross-check that our work in primary care is responding to community needs. Community members were asked to identify the services that they felt the community needed most. These priorities were ranked as follows and reveal that respondents believe that the highest priority for services was Elder Care followed by Infant/Child health, and a need for more counselling services. A community survey revealed that the main condition that people had was “allergies” followed by asthma, arthritis, and chronic back pain
- **Squamish (CHP 2018 – 2028):** Key health needs include mental health and substance use (including prescription drug addiction and illicit drugs), a desire for an increasing focus on wellness (smoking, nutrition, diabetes, physical activity), increasing access to learning cultural practices and supporting community members with disabilities (particularly the elderly)
- **Tsleil-Waututh (CHP 2017 – 2027):** The top reported health conditions were allergies, arthritis, chronic back pain, and stomach / intestinal problems. Community members prioritised the need for a Doctor, Addictions counsellors and healers
- **Tla'amin (CHP 2009 – 2019):** The most serious health problems identified by community engagement and surveys were chronic illnesses, dental problems, and mental health issues – along with physical disability, alcohol and drug abuse and nutrition challenges. Community members prioritised access to physicians, physiotherapy, healers, and massage therapists.



KEY PRIORITIES FOR THE URBAN ABORIGINAL COMMUNITY

In 2019 Vancouver Coastal Health and the First Nations Health Authority approved the Urban Aboriginal Health Strategy (UAHS). The strategy summarizes a number of key issues that have been raised by urban Aboriginal people and organizations in this area since the 1999 Healing Ways review. There have been many studies and reviews that confirm the messages that have been repeated over the past decades. Priorities include the need to address racism and discrimination in health care; promote reconciliation and healing; promote Aboriginal-specific services; increase access to a holistic approach of western and traditional care; and prioritise women, elders, youth, children, and LBGTO2S. The community also advocated for safe spaces for healing and wellness and an Aboriginal Healing and Wellness Center in urban Vancouver.

The six key strategies developed from these priorities are:

1. **Strengthen relationships between host Nations and other health care organizations (reconciliation, healing, recognition)**
2. **Strengthen culturally safe primary health care**
3. **Strengthen culturally safe mental wellness and substance use services**
4. **Promote wellness and focus on prevention**
5. **Improve information and access to services (navigation)**
6. **Improve data on Aboriginal Health**

Notably these align well with the priorities of our Network.

KEY PRIORITIES IDENTIFIED FROM OUR PATIENT DATA

As at September 2020, Mental Health and lifestyle related issues are common across the clinics. Drug and Alcohol Dependency, Anxiety, Depressive Disorders and Diabetes feature across four of the clinics. The expansion of our teams to include healers, counsellors and Elders is a key strategy to help address the extent of mental health and substance use needs – while our focus on wellness is aimed at addressing chronic health conditions:

ON-RESERVE

MUSQUEAM INDIAN BAND

CONDITION (ICD9)	N (% POP)
Asthma (493)	223 (15)
Ess. Hypertension (401)	141 (9)
Diabetes Mellitus (250)	115 (8)

SQUAMISH NATION

CONDITION (ICD9)	N (% POP)
Diabetes (250)	62 (9)
Anxiety / Dissociative Dx (300)	60 (8)
Alcohol Dependence (303)	61 (8)

TSLEIL-WAUTUTH NATION

CONDITION (ICD9)	N (% POP)
Diabetes (250)	<20 (<5)
Ess. Hypertension (401)	<20 (<5)
Depressive Disorder (311)	<20 (<5)

URBAN

KILALA LELUM HEALTH CENTRE

CONDITION (ICD9)	N (% POP)
Drug Dependence (304)	223 (15)
HIV (042)	141 (9)
Viral Hepatitis (070)	115 (8)

LU'MA MEDICAL CENTRE

CONDITION (ICD9)	N (% POP)
Anxiety / Dissociative Dx (300)	479 (16)
Depressive Disorder (311)	379 (13)
Alcohol Dependence (303)	174 (6)

VANCOUVER ABORIGINAL HEALTH SOCIETY PRIMARY CARE CLINIC

CONDITION (ICD9)	N (% POP)
Drug Dependence (304)	538 (19)
HIV (042)	257 (9)
Diabetes (250)	192 (7)

KEY PRIORITIES IDENTIFIED FROM OTHER DATA

FNAPCN / GPSC Needs Assessment

In 2020, the General Practice Services Committee (GPSC) supported by the Divisions of Family Practice in Vancouver, North Shore and Richmond, afforded the FNAPCN to undertake a needs assessment. The common findings from the different sources of information show patterns of health conditions and priorities.

2020 Aboriginal Health Needs Assessment – Alignment of Key Findings

FIRST NATION (COMMUNITY HEALTH PLAN) PRIORITIES	FNAPCN DATA	DIVISIONS: PHYSICIAN SURVEY	FIRST NATIONS HEALTH BENEFITS	PHO/FNHA REPORT	URBAN ABORIGINAL HEALTH STRATEGY & STUDIES
Main Health Diagnoses/Needs	Main Health Diagnoses (ICD9)	Main Health Conditions Seen & Prescriptions	Pharmacy & Mental Health Benefit Claims	BC First Nation Health Priorities	Priorities from Aboriginal Engagement
ALLERGIES	ANXIETY, DEPRESSION	ANTIHISTAMINES	ANTIHISTAMINES	INFANT MORTALITY RATES	INJURY PREVENTION
ASTHMA	DRUG & ALCOHOL DEPENDENCY	INHALERS	ASTHMA / COPD	DIABETES	MORE COUNSELLING / HEALING
ARTHRITIS, BACK PAIN	DIABETES	ANTIDEPRESSANTS	ANTIDEPRESSANTS & COUNSELLING SESSIONS	LIFE EXPECTANCY / MORTALITY RATES	ALCOHOL & DRUG PREVENTION
MENTAL HEALTH	WELLNESS REGISTRY	ALCOHOL & DRUG DISORDERS	OPIOID (OAT)	WELLNESS INDICATORS	EXERCISE / NUTRITION
SUBSTANCE USE		DIABETES / METFORMIN	METFORMIN		MORE PREVENTATIVE / WELLNESS PROGRAMS
ELDER CARE, CHILD/ INFANT		HYPERTENSION / ANTIHYPERTENSIVES	ANTIHYPERTENSIVES		INTERGENERATIONAL TRAUMA, RACISM, DISCRIMINATION
INCREASE ACCESS TO CULTURAL PRACTICES		SOCIAL DETERMINANTS OF HEALTH			NEED TO INCREASE ACCESS TO CULTURAL PRACTICES & SUPPORTS

Health System Matrix Data

Health system matrix (HSM) data, while now 5 years old, reveals an over-representation of First Nations people in Emergency Departments across greater Vancouver and that many were less likely to be attached to a regular GP in comparison to non-Indigenous peoples. Data also showed that First Nations were more likely to visit a physician or medical specialist in a hospital setting and less likely to visit a physician outside of hospital compared to other residents. The FNAPCN had initiated an “avoidable hospitalizations” and “avoidable ER and admissions” data project in an attempt to reduce the impact on the health system and promote attachment within FNAPCN primary care clinics however the pandemic declaration halted traction on aspects of this project – the FNAPCN will revisit this strategy in 2021.

OUR STRATEGIES FOR THE FUTURE

The FNAPCN identified the top 3 overall key strategic focus areas and priorities for 2020:

- Advocate and input into the transformation of Primary Care Policies that contributes to better health outcomes for the Aboriginal population we serve in BC
- Encourage intuition, creativity, and innovative approaches to delivery in care
- Influence Aboriginal recruitment and retention including workforce development

We will look to do this through the following five strategies which were determined as our priorities in 2017 and reaffirmed and updated annually through our Strategic Planning workshops held each year. These are also included in our signed Terms of Reference which binds us together:





UNITY AND ADVOCACY TO INFLUENCE POLICY PLANNING AND RESOURCE ALLOCATION

COLLECTIVE IMPACT: The FNAPCN members agree that collective impact of all the work we do is what will advance progress and contribute more significantly to making an impact on Aboriginal health outcomes. The underlying thread is respectful relationship building and focusing on bringing the strengths of each member forward to address the challenges that each community faces. As First Nations and Aboriginal service providers – we want to become a centre of excellence for Canada!

PRIORITIZING HEALTH ISSUES OF THE ABORIGINAL POPULATION: As a Network we continue to work together, listening to our communities and using our data to identify priorities for targeted collective effort (e.g. Aboriginal youth mental health and substance use prevention and treatment is identified as a common priority for instance), and we will develop mechanisms to achieve this focus. We will also look to advocate and support any supporting data strategies for avoidable hospitalization or Emergency Use. We will continually develop strategies based on priority and look to identify and implement how we can support the Aboriginal population with all socio-economic challenges – this includes previous projects such as the Opioid Crisis Response Strategy; homelessness and housing; and environmental impacts that impact respiratory conditions as examples.

WORKFORCE DEVELOPMENT: We support a culturally safe workforce serving First Nations and Aboriginal people, and as our workforce continues to grow, we need to grow and support practitioners to provide the highest quality care that they can. We will do this by:

- offering training to physicians, nurses, Nurse Practitioners, Managers, MOAs, and other primary care staff (including new graduates) within our clinics to promote the provision of culturally safe health care for Aboriginal patients
- offering training and exchange opportunities to each other's staff in our clinics
- supporting group training opportunities together among Network members (e.g. MOAs combined training on billing; Doctors training; Manager training)
- provide capacity building support and opportunities for our Elders, Healers and Knowledge Keepers
- placement of new Primary Care Providers (PCPs) in training and encouraging employment of indigenous PCPs into our clinics



ADDRESSING FUNDING ISSUES: Sustainability of all clinics is affected by sustainability of adequate funding to operate the clinics. Currently each operates under different funding models which often do not support the delivery of health care to a population significantly affected by historical trauma of colonization, Indian Residential Schools, and inter-generational trauma. We commit to advocate for sustainable funding for our organizations collectively and individually, and addressing the healing needs of our populations.

MSP COVERAGE: MSP reimbursement policies are a barrier to accessing adequate health care by the Aboriginal population – for instance there are little or no reimbursement rates for wellness-related activity and interventions or incentives for keeping people well and preventing deterioration or disease. We will advocate for reimbursement that recognizes, supports, and encourages wellness interventions.

FIRST NATIONS HEALTH BENEFITS: This is an area that the FNAPCN members have interest in especially to review data on prescription use, medical transportation, dental care and medical supplies and equipment of eligible community members residing in the Network coverage area. The Network supports Health Benefits providing coverage for wellness-related supplements and not just western pharmaceuticals and will advocate for this. The FNAPCN may have more innovative ideas for use of benefit funds which are more wellness and prevention focused.

SHARING HUMAN & PHYSICAL RESOURCES, KNOWLEDGE, AND EXPERIENCE

SHARING KNOWLEDGE: We are advantaged by the vast experience of organizations who have been around for a long time and who have been delivering urban Aboriginal health care for several decades. First Nations have been delivering Public Health programs, Home Care and Mental Health & Addictions services for several decades and have knowledge to offer on prevention work. Urban organizations have extensive experience in working with Aboriginal youth, the homeless and those living away from home. Sharing lessons learned from work done by all of the clinics creates significant advantages for Network members and patients and we will seek any opportunity to share this experience and knowledge. This was particularly evident during the COVID-19 pandemic response when FNAPCN members shared their resources, policies, plans, PPE and most importantly the moral support.

COMMUNICATIONS: One method of sharing knowledge, experience and best practices is through a private collective website which each member would have private access to - to share information, projects, staffing information and contacts. This could be used for accessing locums and relief staff or information on Oscar or trainings coming up that can be shared. We commit to developing innovative and shared communications tools between us.

SPECIALIZED / EQUIPMENT: The FNAPCN members will look at opportunities to share tasks such as procurement of supplies and medical equipment. We will also investigate areas where specialized health equipment for our patients (e.g. home dialysis) can be facilitated through our joint efforts.

CREATING A NETWORK OF APPROPRIATE FIRST NATIONS AND ABORIGINAL HEALTH FACILITIES IN VANCOUVER

WELCOMING FACILITIES: Having professional, culturally safe and appropriate facilities is essential to the FNAPCN. It is concerning to the FNAPCN members that a modern metropolitan city such as greater Vancouver does not boast some of the best Aboriginal Health centres in the country. Urgent attention needs to be paid to create a Network of professional, culturally appropriate, and accessible Aboriginal health facilities here in greater Vancouver that the rest of the country looks to as best practice. All agree that the First Nations and Aboriginal population is deserving of the highest standard of care including the environment in which the care is delivered. As a result, we will all aspire to create our own high standard facilities and to advocate for resources to achieve this.

FIRST NATIONS AND ABORIGINAL HEALTH DATA OPPORTUNITIES

OPTIMIZING USE OF OUR COMMON EMR: A significant benefit and opportunity for the FNAPCN is the use of the same EMR (at present the OSCAR EMR). Our aspiration is to maximize use of this same EMR to review high level data, trends and patterns that will inform our planning and advocacy for our patients. We will seek out opportunities for collating aggregate data to be able to monitor the health of the Aboriginal population (acknowledging that some clients may be non-Aboriginal) in our coverage area. We will use data as a sound evidence base for targeted collective efforts. Improving individual information that each clinic collects is vital in order to use the data for specific purposes.

DEMOGRAPHICS: where people come from (codify) status/non-status and how we record that in EMR (their First Nations community of origin). The Network wants to know who we are serving to ensure we are providing sufficient coverage to sovereign Nation members as well as those living in the host traditional territories. We want to report out to First Nations about how we are caring for their members who are away from home.

QUALITY IMPROVEMENT/MONITORING: There are many opportunities for the FNAPCN in areas such as diabetes care, provider service reporting, chronic disease management, vulnerable population monitoring; scheduling and avoiding wait lists; geographic coverage; NP and GP coverage; performance comparisons with local, regional and provincial rates; wellness indicators; measuring reductions in hospitalizations as a result of member and Network activity; measuring culturally safe care.

ADVOCACY: Collecting and utilizing robust data shall underpin advocacy efforts to move forward priority areas (e.g. unattached patients, Aboriginal youth mental health needs, people being turned away due to lack of capacity; health outcomes, service improvements, resource allocation toward priority health needs).

RECLAIMING OUR VIEW OF WELLNESS: The FNAPCN is leading initiatives on wellness to identify and track wellness indicators. While in its early stages, our team has developed and piloted a Wellness Indicator framework and is now working to deploy this across the clinics. This will not only help us to better support the broader needs of community members, but it will help us to advocate for reclaiming our traditional understanding of wellness / holistic perspective (a decolonized perspective).

DATA SHARING: The Network members are cognisant that any work done collectively ensures protection, confidentiality, and rights of community members in any data analysis or data sharing arrangements and that ethics are addressed. A Protocol for data sharing information will be developed. Nations will need to get approvals from their Chiefs and Council to get data sharing agreements approved so they would need to know the value and why we are capturing this information. The Network will consider a research / ethics committee to set some OCAP-based standards as criteria. The types of medical data that are shared MUST have the welfare of the community as the priority.

IMPROVING CULTURALLY SAFE ACCESS TO PRIMARY CARE

INCREASING TO 24/7 ACCESS: This is a priority for FNAPCN members – one method to improve access is providing increased coverage. The FNAPCN will look at options for developing on-call arrangements as we continue to work together and have created capacity that can support this. Providing ‘around the clock’ care is an aspirational goal and something that will take some time to work out – but it is on the radar.

INCREASING ATTACHMENT: We will continue to work toward increasing attachment of Aboriginal patients to our clinics. We have already proven we can improve access as evidenced by our attachment numbers more than doubling between 2017 and 2020. While we have around 7,000 attached (Sept 2020) at the moment our goal is to reach 10,000 by 2023. With around 17,000 Aboriginal people in greater Vancouver, that will mean we will be providing holistic care to 59% of the Aboriginal population if we reach our goal. We know that increased access to regular primary care will have significant benefit to the health and wellbeing of the community.

CULTURAL CARE: Access to cultural and traditional practices and supports as protective factors is vitally important to all FNAPCN members but is a challenge due to lack of capacity available in the community. Elders, Healers and Knowledge-keepers are not large in number so often must work across various sites. In late 2019, the FNAPCN have been able to attract funding from the Province for Elder and Traditional roles. We will each employ our own Elders / Healers / Knowledge Keepers to support community members and look to share their unique knowledge between us for the benefit of patient support, healing, and cultural strengthening. We will continue to collaborate with partners to ensure all patient medical homes are aware of the cultural support services across the FNAPCN that can be accessed by Aboriginal patients.

SPECIALISTS: Sharing of specialists that any member may bring into their services shall be encouraged among members e.g. physiotherapists, dieticians, naturopathy, and massage.



APPENDIX 1

FNAPCN CLINIC PROFILES

MUSQUEAM INDIAN BAND PRIMARY CARE CLINIC

SQUAMISH NATION: YÚUSTWAY HEALTH & WELLNESS DEPARTMENT
– KAL'NÚMET PRIMARY CARE CLINIC

TSLEIL-WAUTUTH NATION ĆĒĒWĒT LELĒM HELPING HOUSE

TLA'AMIN NATION – TLA'AMIN HEALTH

KÍLALA LELUM HEALTH CENTRE

LU'MA MEDICAL CENTRE

URBAN NATIVE YOUTH ASSOCIATION

VANCOUVER ABORIGINAL HEALTH SOCIETY



Musqueam Primary Care Clinic



MUSQUEAM PRIMARY CARE CLINIC

4010 Si Lu Drive
 Vancouver, BC V6N 4K7
 PH: (604) 266 0043
 moahealth@musqueam.bc.ca

musqueam.bc.ca

Facebook: @Musqueam
 Twitter: @musqueam

OPEN 5 DAYS A WEEK

Musqueam people have been present in what is now Greater Vancouver for several thousands of years. The name Musqueam relates back to the flowering plant, **məθkʷəy** – People of the **məθkʷəy** plant. The Musqueam, a proud and unified people, will as a self-governing nation, work together to ensure enhanced quality of life for all generations of our people to develop a sustainable, self-reliant, vibrant community that is built upon the historical and traditional values of our community. Our community recognizes that wellness is holistic and intertwined with many elements of our lives, including culture.

Musqueam Health Department works to provide all members access to health education, mental health, primary care and home and community care programs to assist them in living healthier, longer lives. Addressing the interconnected biological, psychological, social, and cultural aspects of health and wellness by providing a healing and wellness centre helps us to develop approaches that are truly Musqueam.

We Speak with One Heart and Mind

VISION

We are one heart and mind - **náćəmat tə ʃxʷqʷeləwəwən ct.** Become a self-sufficient, self-governing Musqueam Nation and a complete and healthy Musqueam Community

MISSION

Establish Holistic Healing and Wellness services with Cultural Supports

VALUES

Respect, Pride, Inclusiveness, Honour, Shared Responsibility

STRATEGIES

- Create a Holistic Healing & Wellness Centre that provides programming, education, and holistic health and wellness services based in Musqueam culture and teachings
- Provide more programming and community wellness and prevention supports for community members that have experienced trauma and its intergenerational effects
- Family & Counselling Services: Expand breadth of outreach and grief counselling services and focus on prevention and wellness programming

Musqueam Primary Care Clinic Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

ELDERS – Musqueam Elders meet regularly at the Elders Centre through the coordination of an Elders Coordinator and provides personal, cultural, and spiritual guidance

TRADITIONAL, CULTURAL AND CEREMONIAL PRACTICES Traditional teachings and cultural practices are intertwined throughout our programs and services

SACRED SPACES – Musqueam Cultural Education Resource Centre located on-reserve

LANGUAGE – Musqueam language department provides services and coordinates resources to promote the fluency of the **hən̓q̓əmiñəm** language

TRADITIONAL HEALERS AND MEDICINES – Have access to traditional healers and medicines

PRIMARY CARE CLINIC

PHYSICIAN – Providing full primary care services and consultations to community members of all ages one day per week (in-person and virtual)

NURSE PRACTITIONER – Provides all aspects of patient care four days per week including diagnosis, treatments, and consultations (in-person and virtual)

PHARMACY – Local Pharmacy delivers prescriptions on-reserve

ELDER / HEALER – Expansion to include Elder / Healers as part of the Primary Care Multi-disciplinary team

MENTAL WELLNESS & SUBSTANCE USE

COUNSELLORS – Offer Clinical and non-clinical counselling (individual & discussion groups) to youth and adults inclusive of workshops, crisis intervention, residential treatment referrals, Detox referrals, Social Service Outpatient referrals, addictions counselling and support for substance users

ART & PLAY THERAPY – Includes a range of creative methods such as visual art making, storytelling, music, movement, play, photography, and therapeutic conversation as tools for safe exploration and resilience

COMMUNITY HEALTH AND WELLNESS

COMMUNITY HEALTH NURSE – Focused on Communicable Disease prevention by delivering health promotion education workshops, disease prevention programs and health screening for all ages including children

CHRONIC DISEASE MANAGEMENT NURSE – Aims to reduce the rate and improve management of chronic diseases through promotion of healthy living, healthy eating and nutrition, food security, physical activity and diabetes education, screening, and management

HOME & COMMUNITY CARE

HOME CARE NURSING & HOME SUPPORT – A team of certified healthcare professionals providing essential nursing, personal care and support services to members living in community, aiming to keep members independent in their own home

FAMILY HEALTH SERVICES

YOUTH CENTRE AND YOUTH OUTREACH – Offers capacity building activities to youth to promote healthy lifestyles and develop self-esteem through cultural awareness, cultural teachings, educational workshops, study groups and physical activities

BRIGHTER FUTURES BREAKFAST CLUB – Delivering culturally appropriate and holistic community-based child development, injury prevention and parenting skills program

ELDERS HEALTH – Elders program available on reserve

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record and Mustimuhw Reporting System

NEW PRIMARY CARE TRAILOR CLINIC – New Clinic located on-reserve with exam rooms

MANAGEMENT – Health Director, Administrative Assistant and Medical Office Assistant provide Primary Care Clinic Management and support.

FIRST NATIONS HEALTH AUTHORITY HEALTH BENEFITS – Advocacy for Dental Care, Eye & Vision Care, Medical Supplies & Equipment, Medical Transportation, Pharmacy Benefits and Short-term crisis counselling through FNHA

MUSQUEAM PRIMARY CARE CLINIC

4010 Si Lu Drive
Vancouver, BC V6N 4K7

PH: (604) 266 0043

moahealth@musqueam.bc.ca

musqueam.bc.ca

@Musqueam

@musqueam

OPEN 5 DAYS A WEEK

Yúustway Health & Wellness Department



YÚUSTWAY HEALTH & WELLNESS DEPARTMENT

KAL'NÚMET PRIMARY CARE CLINIC

Unit 9A - 380 Welch Street
West Vancouver, BC V7P 0A7

PH: (604) 985 2052
FAX: (604) 982 0372

Glenda_Gibbon@squamish.net

squamish.net

@SquamishNation
@SquamishNation

OPEN 5 DAYS A WEEK

Skwxwú7mesh Úxwumíxw (Squamish Nation) is comprised of descendants of the Coast Salish Aboriginal peoples with a strong culture, rich history and bright future. Our lands, customs and traditions are the foundation of who we are as Skwxwú7mesh. The Squamish have occupied and governed their territory since beyond recorded history.

The Yúustway Health & Wellness Department of Squamish Nation provides community health programs and services through 4 divisions: Community Health and Wellness; Health Benefits Advocacy and Promotion; Home and Community Care and the Ka númet Primary Care Clinic. In 2019, the Recreation Department became part of Yúustway Health & Wellness Department.

The Squamish name Yúustway means 'working together and taking care of each other' and was gifted from Elders Language Committee. Yúustway Health & Wellness provides health services to Squamish Nation – both on the North Shore and in Squamish Valley. We strive to improve the health and wellness of Squamish Nation membership through the provision of community health services and the promotion and support for access to all health services.

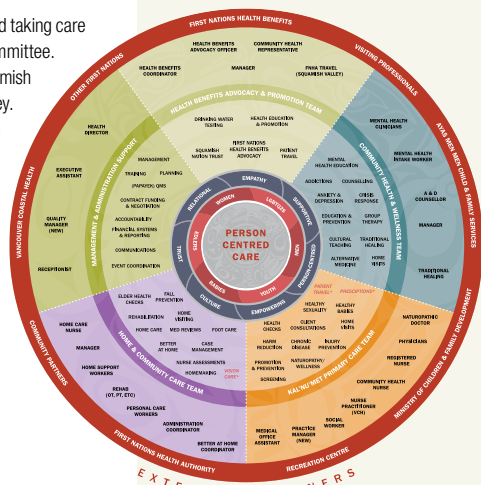
The Ka númet Primary Care clinic was named in 2015 by Squamish Nation Elders to mean 'believe in ourselves' to support the fact that Squamish Nation proactively expanded into the field of Primary Care and that self-belief in the possibilities of this venture was important.

VISION

Striving for a happy, healthy Squamish Nation and community.

MISSION

Providing quality holistic care in a respectful, safe manner to ensure the health and wellness of all people by empowering our community and offering the tools for living in health from birth to end of life..



Kal'númet Primary Care Clinic Capabilities + Services



**Skwxwú7mesh
Úxwumixw**

TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

ELDERS – Squamish Nation Elders meet regularly at the Elders Centre and provide cultural, and spiritual guidance

TRADITIONAL, CULTURAL AND CEREMONIAL PRACTICES – Traditional teachings and cultural practices are intertwined throughout our programs and services

SACRED SPACES – The Chief Joe Mathias Centre, and Totem Hall are located on-reserve

LANGUAGE – Squamish Nation Language Department provides services and coordinates resources to promote the fluency of the Squamish language

TRADITIONAL HEALERS AND MEDICINES – Have access to traditional healers and medicines

KAL'NÚMET PRIMARY CARE CLINIC*

PHYSICIANS – Providing full primary care services and consultations to community members of all ages (in-person and virtual appointments available)

NATUROPATHIC PHYSICIAN – Naturopathic medicine is a holistic approach that blends modern scientific knowledge with traditional and natural forms of medicine.

NURSE PRACTITIONER – Provides all aspects of patient care including diagnosis, treatments, and consultations

ELDER / HEALER – Expansion to include Elder / Healers as part of the Primary Care Multi-disciplinary team

* Primary Care services delivered in North Shore only. In discussions for a Squamish Valley based Primary Care Clinic

MENTAL WELLNESS & SUBSTANCE USE

CONCURRENT WELLNESS SPECIALIST COUNSELLORS – Offer one on one Clinical and non-clinical counselling inclusive of crisis intervention, residential treatment referrals, and Detox referrals

ADDICTIONS COUNSELLOR – Offer one on one addictions counselling and support for substance users

COMMUNITY HEALTH AND WELLNESS

COMMUNITY HEALTH NURSES – Focused on Communicable Disease prevention and Chronic Disease Management by delivering health promotion education workshops, disease prevention programs, child development programs, healthy pregnancy, reducing the rate and improve management of chronic diseases through promotion of healthy living, healthy eating and nutrition, food security, physical activity and diabetes education, screening, and management

HEALTH BENEFITS ADVOCACY & PROMOTION – Advocacy for Dental Care, Eye & Vision Care, Medical Supplies & Equipment, Medical Transportation, Pharmacy Benefits and Short-term crisis counselling

HOME & COMMUNITY CARE

HOME CARE NURSING & HOME SUPPORT – A team of certified healthcare professionals providing assessments, essential and supportive services to members living in community aiming to support members independency in their own home

FAMILY HEALTH SERVICES

YOUTH – Youth program on-reserve

ELDERS HEALTH – Elders program available on reserve

RECREATION CENTRE – Various recreation programs offered on reserve

AYAS MEN MEN CHILD & FAMILY SERVICES – Child, youth and Family support

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record and Mustimuhw Reporting System

NEW PRIMARY CARE MODULAR CLINIC – Expanded Clinic located on-reserve with exam rooms



MANAGEMENT – Health Director, Primary Care Manager and Medical Office Assistants provide Primary Care Clinic Management and support.

Unit 9A - 380 Welch Street
West Vancouver, BC V7P 0A7

PH: (604) 985 2052
FAX: (604) 982 0372

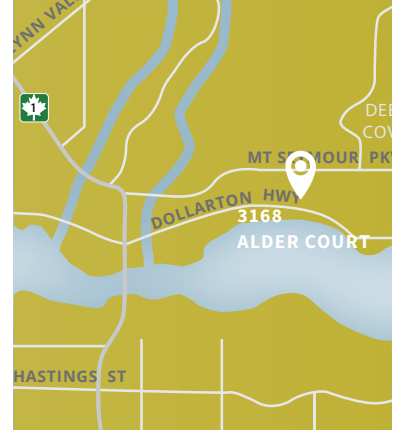
Glenda_Gibbon
@squamish.net

squamish.net

 @SquamishNation
 @SquamishNation

OPEN 5 DAYS A WEEK

Tsleil-Waututh Nation ƆeƆawət leləm Helping House



TSLEIL-WAUTUTH NATION
ƆEƆAWƏT LELƏM
HELPING HOUSE
 3168 Alder Court
 North Vancouver, BC V7H 2V6

PH: (604) 929 4133
 FAX: (604) 986 0356

aaleck@twnation.ca

twnation.ca
 @tsleilwaututhnation
 @tsleilwaututh

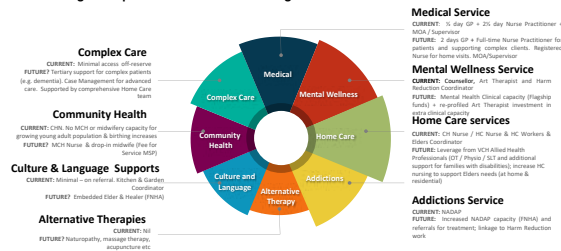
OPEN 5 DAYS A WEEK

Tsleil-Waututh Nation – ‘People of the Inlet’ - have inhabited the lands and waters of our traditional territory. Since time immemorial we have occupied Village sites all around səlilwət, also known as Burrard Inlet. Today our nation is 500+ people strong and growing. We draw on the knowledge of our ancestors to remedy past wrongs, reclaim our territory and traditions, and advance into a bright future.

Tsleil-Waututh Nation Health and Wellness Department provides access to a range of holistic health and wellness services and programs to help community members live healthier and long lives. Services are delivered principally to those living on-reserve, however members living off-reserve are welcome to access our health and wellness services. By wrapping services around our community members, we hope to continue to contribute to a thriving, healthy and well community where services and programs are underpinned by our traditional and cultural practices.

Helping House: Primary Care Clinic

Building a comprehensive multi-skilled integrated care team for Tsleil-Waututh Nation



VISION

To maintain our identity as Tsleil-Waututh people, respecting our past and being mindful of our future, sharing a collective vision for a healthy, holistic community in harmony with our surroundings; guided by our spiritual, emotional, mental and physical teachings, thriving in our cultural excellence.

Our vision for our people is reflected in every action we take, every decision we make as a sovereign people.

MISSION

Improving the health and wellness of community members by providing relevant, coordinated, and high-quality programs and services that respond to their needs.

As we continue to work towards taking greater control of our health and wellness, we remember the sacrifices of those gone before and all that they gave to us, and in doing so pledge to come together to ensure that the gift of health and wellness is one that we pass on from generation to generation.

Tsleil-Waututh Nation ƆeƆwət Ieləm Helping House Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

ELDERS – Tsleil-Waututh Elders meet regularly at the Elders Lounge – they are the knowledge keepers of our history

TRADITIONS, CULTURE & CEREMONIAL PRACTICES – Many land-based teachings and ceremonial practices are held at Indian Arm. Traditional education, storytelling, language, and culture are integrated into programs and managed by our Community Development Department. Weekly traditional dance, drumming and singing, pow wow nights are organized

SACRED SPACES – Work closely with the cultural and language community development team to encourage ceremonial practices, language education, land-based learning, and sacred spaces

LANGUAGE – Our Community Development Department offers a Tsleil-Waututh Language program to help revitalize the ƆeƆwət language

TRADITIONAL / SPIRITUAL HEALERS AND MEDICINES – Coordination and access to various spiritual and alternative healing and wellness services are available. Services include Traditional healers, Elders, Reiki, and medicines. Harvesting of traditional medicines on-reserve through the community garden

PRIMARY CARE CLINIC

PHYSICIAN – Providing full primary care services and one on one consultations to community members of all ages two days per week (in-person and virtual)

NURSE PRACTITIONER – Provides all aspects of patient care three days per week including diagnosis, treatments, and consultations (in-person and virtual)

ELDER / HEALER – Traditional and Cultural Primary Care practitioners provide holistic care

REGISTERED NURSE – Expansion expected to include outreach services for community member home visits

NATUROPATHIC PHYSICIAN – Naturopathic medicine is a holistic approach that blends modern scientific knowledge with traditional and natural forms of medicine

MENTAL WELLNESS & SUBSTANCE USE

COUNSELLORS – Offer confidential Clinical and non-clinical counselling (individual & discussion groups) to all ages inclusive of crisis intervention, residential treatment referrals, and support for substance users

EXPRESSIVE ART PLAY THERAPIST – Art & Play Therapy includes a range of creative methods such as visual art making, storytelling, music, movement, play, photography, and therapeutic conversation as tools for safe exploration and resilience

ADDICTIONS COUNSELLOR – Individual and group Alcohol and Drug counselling services including assessment, treatment referrals, prevention, and harm reduction education

SPIRITUAL HEALER – Art Therapy, Non-violent communication, Family constellation therapy, personal growth journaling, somatic experiencing therapy, and sand tray work

PEER SUPPORT WORKERS – Facilitates the coordination of giving and receiving non-professional, non-clinical assistance and provides non-judgemental peer group support

COMMUNITY HEALTH AND WELLNESS

COMMUNITY HEALTH NURSES – Supports management of chronic disease or acute illnesses; medical assessments and referrals; promotes and coordinates vaccinations and immunizations; health prevention and awareness education and resources for breastfeeding, nutrition, physical activity, infection control, safe sex practices; and coordinates screening

HOME & COMMUNITY CARE

HOME CARE NURSING & HOME SUPPORT – Provides assessments and Home Care Nursing services and Personal care for eligible community members. Provides awareness and education of self-management and supports overall independence in community members' own home

FAMILY HEALTH SERVICES

RECREATION – Our recreation team promotes wellness and healthy lifestyles and physical development through a wide range of program activities and events that supports community members to maintain healthy lifestyles

MEDICAL TRANSPORTATION – Medical Transportation can be organized for eligible community members to attend medically necessary health appointments (e.g. hospital or specialist care) that cannot be accessed on reserve

INFANT & YOUTH – Services are available for community members including Traditional-based parenting programs to support families. A daily nutritious breakfast club/program for our young ones to nourish themselves for each school day

ELDERS – Dedicated Elders Activity Coordinator organizes activities that support social interaction and activities include arts and crafts workshops, social lunches, traditional drumming and singing, connecting Elders with children and youth, and health workshops for Elders. Access to a Respite Care worker is also available

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record

MANAGEMENT – Health Director, Primary Care Manager and Medical Office Assistant provide Primary Care Clinic Management and support

3168 Alder Court
North Vancouver, BC V7H 2V6

PH: (604) 929 4133
FAX: (604) 986 0356

aaleck@twnation.ca

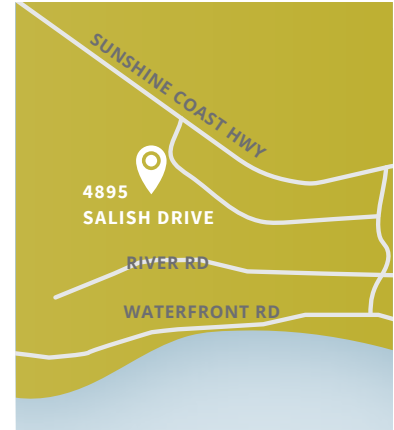
twnation.ca

@tsleilwaututhnation

@tsleilwaututh

OPEN 5 DAYS A WEEK

Tla'amin Health



TLA'AMIN HEALTH

4895 Salish Drive
Powell River, BC V8A 0B6

PH: (604) 483 3009
Toll Free: 1-866 209 6538
FAX: (604) 483 2466

health@tn-bc.ca

tlaaminhealth.com

@tlaaminnation

@SliammonNation

OPEN 5 DAYS A WEEK

Tla'amin Nation (formerly known as the Sliammon First Nation) is located on British Columbia's Sunshine Coast, north of Powell River and is one of the many Indigenous Coast Salish tribes, and people have inhabited that region for thousands of years living in harmony with the land. Today, the Tla'amin Community has over 1100 members with the majority living in the main village site in Sliammon.

Tla'amin Health provides a full range of primary, secondary, and tertiary healthcare services to community members of the Tla'amin Nation and First Nations between Saltery Bay and Lund and surrounding areas. The goal is to build a healthy community for the future. In order to achieve this, a combination of acknowledging things from the past which used to make us physically, emotionally, and spiritually strong, while also utilizing everything modern medicine has to contribute. The saying "Eh Kwa'A'Nuns Kye'A'Mieux" expresses the thought that when all the people in our community are well again, all around us will also be well.

One Heart, One Mind, One Nation

VISION

Based on our Ta'ow we will empower our citizens to be healthy, self-governing stewards of the land. With full jurisdiction, and responsible leadership we will create the economic and employment opportunities to sustain and improve the quality of life for present and future generations.

MISSION

Tla'amin Health continues to support and assist the Tla'amin people in creating a healthier community. We are committed to forming respectful partnerships that maintain and advance our health and well-being in an equitable and holistic manner.

"Eh Kwa'A'Nuns Kye'A'Mieux" expresses the thought that when all the people in our community are well again, all around us will also be well.

STRATEGIC GOALS

- Safe Functional Facilities
- Healthy Tla'amin Nation
- Develop 5 Year Health Plan
- Develop Elder-care Strategy
- Develop a Culture and Heritage Strategy
- Maintain Accreditation Canada certification

Tla'amin Health Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

ELDERS – Tla'amin Nation Elders are highly regarded and valued in our community, as the primary sources of knowledge and teachings

TRADITIONAL, CULTURAL & CEREMONIAL PRACTICES – We continue to carry forward ancient traditions and knowledge, through our cultural practices and customs, and also expressed through various creative-art forms such as carving, paintings, weavings, traditional clothing and material making, story-telling, singing, drumming, dance and traditional food preparation

LANGUAGE – Sliammon language classes are held weekly. The Culture Department also has language CDs

TRADITIONAL WELLNESS – Our Traditional Wellness team consists of skilled gatherers, several support workers that are available to help people cope with any challenges they may be experiencing

PRIMARY CARE

NURSE PRACTITIONER – Provides all aspects of patient care including diagnosis, treatments, consultations (in-person and virtual), ordering of tests and prescribing medications

PUBLIC HEALTH REGISTERED NURSE – Assists with disease prevention, immunizations, screening and testing for sexually transmitted infections, birth control and supporting children and parents with a range of prenatal and postnatal services

SPECIALIST VISITS – Regular visits/clinics from local Dentists, Dietician, Optometrists, Chiropractors, Optometrist, Tele-ophthalmology (retinal screening), Powell River Clinical Counsellors and psychologist

COMMUNITY HEALTH AND WELLNESS

CHRONIC DISEASE NURSE – Supports with any long-term health challenges

SOCIAL WORKER – Supports and fosters wellbeing strategies for individuals and families

HEALTH & WELLNESS PROMOTION – Programs are centred around health promotion and education. We offer a range of programs to foster healthy habits including pre-natal gatherings, cooking with kids, community kitchen, and exercise programs

HOME & COMMUNITY CARE

HOME CARE NURSING & HOME SUPPORT – Personal Care, Nursing Care, Post-Operative Care and Elders program are offered through our HCC team including a Registered Nurse, Licensed Practical Nurse, Home Support Staff and Cooks who endeavour to enhance the dignity and independence of elder adults

MENTAL WELLNESS & SUBSTANCE USE

MENTAL HEALTH WORKER – Provides support and services for individuals and families who are dealing with mental health challenges

ADDICTIONS WORKER AND ADDICTIONS SUPPORT – Our team uses a combination of traditional and contemporary counselling while infusing cultural values in a holistic and culturally sensitive manner

CHILD YOUTH AND TRADITIONAL WELLNESS WORKER – Support members to cope with any challenges they may be experiencing, ranging from addictions, violence & domestic abuse, depression, anxiety, trauma, grief and loss, relationships, at risk youth and most other life situations

CHILD, YOUTH AND FAMILY SERVICES

EARLY CHILDHOOD DEVELOPMENT – Children and Family centred programs are delivered by our Aboriginal Child and Family Worker, Youth and Family Advocate and Child Youth and Wellness Worker from the Child Development Resource Centre

INFANT & CHILDREN – We offer day-care programs that service children from 1-12 years of age. These programs include our infant/toddler program, a 3-5 year old program, a preschool program, and an afterschool program. Direct services are offered to special/high needs children by our Aboriginal Supported Child Development Program

FAMILY SERVICES – Our Early Childhood Development program offers support for families, men's support as well as parent education in the form of workshops and/or support groups

YOUTH SERVICES – Offer a range of services and workshops to children, youth and families aimed at fostering healthy development and healthy decision making to build positive social relationships while providing safe spaces for expression

MEDICAL TRANSPORTATION – Medical Transportation can be organized for eligible community members to attend medically necessary health appointments (e.g. hospital or specialist care) that cannot be accessed on reserve

RECREATION – Fitness & swimming activities available to community members – weather dependent

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record and Mustimuhw Reporting System

MANAGEMENT – Health Director and Associate Health Director provide Primary Care Management and Support

4895 Salish Drive
Powell River, BC V8A 0B6
PH: (604) 483 3009
Toll Free: 1-866 209 6538
FAX: (604) 483 2466

health@tn-bc.ca

tlaaminhealth.com

@tlaaminnation

@SliammonNation

OPEN 5 DAYS A WEEK

Kílala Lelum Health Centre



626 Powell Street
Vancouver, BC V6A 1H4

PRIMARY CARE PROGRAM

PH: (604) 620 4010

FAX: (604) 620 9213

RELATIONAL CARE PROGRAM

PH: (604) 423 4244

info@uihbc.ca
kilalalelum.ca

/kilalalelum
 @kilalalelum

OPEN 5 DAYS A WEEK

The Kílala Lelum Health Centre (operated by the Urban Indigenous Health and Healing Cooperative) is a non-profit Indigenous Health Centre that has been operating in Vancouver's Downtown Eastside since 2018. We offer an inter-professional team-based primary care home that includes a balanced partnership of services between traditional Indigenous Elders/ Knowledge-Keepers and primary care providers. The mandate of Kílala Lelum is to provide culturally safe and effective care to patients of all nations. Specifically, the centre has the mandate to enact the Truth and Reconciliation Commission Calls to Action in Health (Health Actions 19-23) and to recognize, respect, and address the distinct health needs of the Métis, Inuit, First Nations, and off-reserve Indigenous peoples.



VISION

Health equity and wellness for Indigenous and non-Indigenous people in the DTES

MISSION

Provide culturally safe service and enact TRC CTA 19-24

VALUES

- Equity + wellness
- Respect
- Kindness
- Indigenous cultures + knowledge
- Member driven

STRATEGIES

- Elder's leadership
- Laughter
- Unconditional love + acceptance
- Trauma-informed
- Cultural humility
- Teaching + research
- Shared communication
- Outcomes-focused

Kilala Lelum Health Centre Capabilities + Services



INDIGENOUS HEALTH & CULTURAL WELLNESS TEAM

INDIGENOUS ELDERS: Elders/Knowledge-Keepers from a variety of cultural backgrounds providing one-on-one visits either on site, virtually or via outreach home visits

TEACHING CIRCLES: West Coast Culture, Prairie Culture, Women's Teachings, Drum Circles, a circle for women modelled after "Reclaiming Our Spirits"

CEREMONY/CULTURAL EVENTS/OUTINGS: Seasonal Land-based Outings or Ceremony; overnight community retreats

CULTURAL CARE WORKERS: Support team to interface with the primary care team and manage the administrative and coordinative aspect of the Elder's work

SACRED SPACES: Dedicated Hummingbird healing room for Elder's visits

TRADITIONAL MEDICINES: Available in clinic

PRIMARY CARE & MENTAL HEALTH TEAM

PHYSICIANS: Team of family physicians, with Internal Medicine Specialist Support, provides full service primary care to members of all ages (infants, youth, adults and seniors) and genders (including LGBTQ2S), inclusive of mental health and substance use disorders (including oral and injectable opiate agonist therapy)

NURSE PRACTITIONER: Joined in September 2020 to help with all aspects of patient care, including diagnosis, treatments and consultations

NURSES: Team of nurses working to their full scope of practice

SOCIAL WORKERS: Team of social workers supporting members from all practice teams

COUNSELLORS/WELLNESS COACHES: Team of counsellors supporting members from all practice teams; trauma informed practices; inclusive of support for substance use disorders and referrals to residential treatment programs

COMMUNITY HEALTH WORKERS: Community members facilitating health centre and system navigation

OUTREACH WORKERS: Mobile outreach van and outreach workers endeavour to make services accessible as possible to support the community with safe practices, prevention services, and education

HEALTHY PREGNANCY / MIDWIFERY: Maternity Care Program available to support Mothers and babies

RELATIONAL CARE TEAM

NURSES: Team of nurses providing medical care and medication adherence support

OUTREACH WORKERS: Team of outreach workers who connect with members in the community who face barriers to accessing the health centre

CULINARY / FOOD SECURITY STAFF: Kitchen Manager and Dietician providing daily meals to members with food insecurity

COMMUNITY HEALTH WORKERS: Community members are employed to work in the Kitchen and with the operation of the community space

CASE MANAGEMENT: All team members coordinate to provide case management for members with significant vulnerabilities

DUDES CLUB: Providing on-site men's focused health promotion and community support

SERVICE PARTNERS

INNER CITY WOMEN'S INITIATIVES SOCIETY: Providing on-site women's focused case management, food security and community support

VANCOUVER COASTAL HEALTH: VCH STOP team providing intensive case management for members living with HIV infection

VANCOUVER WOMEN'S HEALTH COLLECTIVE: Providing trauma informed support program to women impacted by intimate partner violence

A LOVING SPOONFUL: Providing monthly Sunday Dinner events on-site and frozen prepared healthy balanced meals to eligible Members

ENABLERS

INFORMATION TECHNOLOGIES: OSCAR Electronic Medical Record; Telehealth enabled

PURPOSELY BUILT INDIGENOUS HEALTH FACILITY: Designed by an Indigenous architect, our facilities are designed to be culturally welcoming and safe

RESEARCH COMMITTEE: Overseeing community-based action oriented research

EDUCATION COMMITTEE: Overseeing our role as UBC Aboriginal Family Practice Residency training site; UBC Nursing training site; UBC Social Work training site; team building workshop

626 Powell Street
Vancouver, BC V6A 1H4



PRIMARY CARE PROGRAM

PH: (604) 620 4010
FAX: (604) 620 9213

RELATIONAL CARE PROGRAM

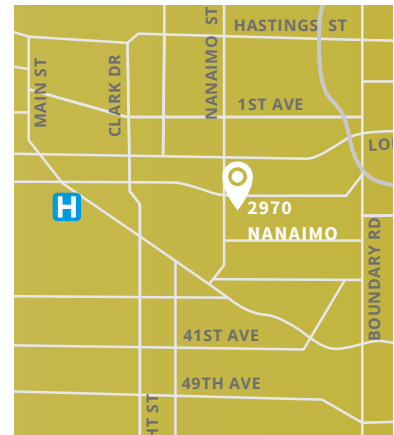
PH: (604) 423 4244

info@uihcc.ca
kilalalelum.ca

 /kilalalelum
 @kilalalelum

OPEN 5 DAYS A WEEK

Lu'ma Medical Centre



2970 Nanaimo Street
Vancouver, BC V5N 5G3

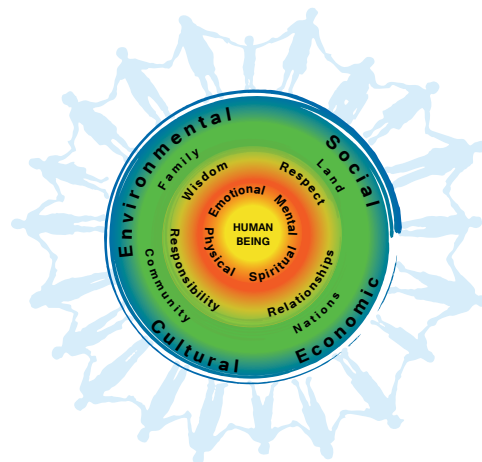
PH: (604) 558 8822
FAX: (604) 558 8823

Booking@LumaMedical.ca
lnhs.ca/luma-medical-centre

LuMa Medical Centre

OPEN 5 DAYS A WEEK

Lu'ma Medical Centre Society opened its doors in 2016 to provide safe, holistic, culturally integrated primary care for First Nations away from home and urban Indigenous peoples in Greater Vancouver. We developed and utilize 8 strategies that create the conditions people need to improve their health outcomes with a focus on young people and families. Our team engages patients to be active leaders in their wellness with Elders, Family Physicians, NP's, RN's, Pediatricians, Midwives, Counsellors, Social Navigators, and MOA's as partners. Lu'ma Medical Centre is a First Nations Led Primary Care Initiative and a centre of learning for students of medicine and social work.



VISION

Providing Culturally Safe Healthcare to Families

MISSION

We strive for excellence in culturally integrated primary health care that is accessible for families. We provide the conditions urban Indigenous peoples need to improve health and wellbeing

VALUES

- Trust
- Respect
- Safety

STRATEGIES

- Supporting Indigenous determination for wellness
- Culturally-integrated
- Family-focused
- Patient-centred
- Team-based

Lu'ma Medical Centre Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

Elders
 Traditional Elders & Medicine
 Traditional & Cultural Practices
 Ceremonial Practices (access to)
 Sacred Space inside Clinic

PRIMARY CARE MEDICAL CLINIC

Family Physicians
 Nurse Practitioners
 Registered Nurses
 Elders & Cultural Support
 Counsellors
 Social Navigators
 Midwifery services
 Pediatrician
 Dietician
 Physiotherapist

COMMUNITY HEALTH & WELLNESS

Physical Activity Programs
 Nutrition and Food Security Programs
 Healthy Pregnancy supported by Midwife & RN's
 Injury, Suicide & Violence Prevention
 Communicable Disease Prevention – Wellness program by RN's
 Tobacco Control / Smoke free – Wellness program
 Mental Wellness Programming
 Elders
 Traditional Elders & Medicine
 Traditional & Cultural Practices
 Ceremonial Practices (access to)
 Sacred Space inside Clinic

HOME & COMMUNITY CARE

Home Care Nursing & Home Support - VCH
 Community Rehabilitation Services – VCH
 Palliative Care & Day programs – VCH
 Medical Supplies & Equipment – First Nations Health Benefits

MENTAL WELLNESS & SUBSTANCE USE

Clinical & non-Clinical Counselling
 Psychiatric Services - VCH
 Crisis Support
 Referrals for residential treatment – via Clinic
 Suicide intervention & postvention
 Family Health Services
 Birthing – Midwife & RN's in Clinic
 Infant, Child – Maternal child Health & Pediatricians in Clinic
 Youth – Primary Care services
 Elder Health – Elders Primary Care & RN's, Chronic Conditions Programming
 Men, Womens, LGBTQ Health – Primary Care services


ENABLERS

OSCAR EMR – Operational, e Data collaboration with FNAPCN
FACILITIES – Modern with 7 exam Rooms & Sacred Space
TELEHEALTH – Provided by phone & e Virtually
FIRST NATIONS HEALTH BENEFITS – Advocacy for access
WORKFORCE DEVELOPMENT & TRAINING – Access & Budget
PATIENT ADVOCACY & SUPPORT & OUTREACH SERVICES – Provided Continuously by entire team

2970 Nanaimo Street
 Vancouver, BC V5N 5G3

PH: (604) 558 8822
 FAX: (604) 558 8823

Booking@LumaMedical.ca
[lnhs.ca/
 luma-medical-centre](https://lnhs.ca/luma-medical-centre)

 /LuMa Medical Centre

OPEN 5 DAYS A WEEK

Urban Native Youth Association



MAIN OFFICE

1618 East Hastings Street
Vancouver, BC V5L 1S6

PH: (604) 254 7732

info@unya.bc.ca

NATIVE YOUTH HEALTH & WELLNESS CENTRE PRIMARY CARE CLINIC

1640 East Hastings Street
Vancouver, BC V5L 1S6

PH: (604) 253 5885

CELL: (778) 837 5083

FAX: 604) 254 7234

nativeyouthwellness@unya.bc.ca

unya.bc.ca

f @urbannativeyouthassociation

t @UNYAyouth

@ @UNYAyouth

OPEN 5 DAYS A WEEK

Urban Native Youth Association's (UNYA) focus since its inception in 1988 has been to provide meaningful opportunities for Indigenous youth (Aboriginal, Metis, Inuit, First Nations, Status, Non-Status) in urban Vancouver. UNYA's youth-led goal and approach helps Indigenous youth (ages 11 – 30 years) explore their personal goals for health, education, work, culture, and life in a fun, culturally safe and healthy environment. UNYA strives to support Indigenous youth by providing a diverse continuum of advocacy, preventative and support services that respond to Youth's immediate and long-term needs. Today, UNYA delivers 20+ culturally responsive, prevention-focused, and holistic programs and services to over 30,000 Indigenous youth visits each year. Together with 175+ volunteers, 100 staff, and more than 300 community partners UNYA is focused on training the Indigenous leaders of tomorrow.



OUR PHILOSOPHIES ARE BASED ON THE FOLLOWING:

- Culture as Therapy
- Two Eyed Seeing
- Youth-Centered Approach
- Harm Reduction
- Trauma Informed Care

VISION

Empowered Indigenous youth leading and inspiring all Nations.

MISSION

Urban Native Youth Association is the centre of Indigenous youth excellence, supporting youth on their journeys by amplifying and celebrating their voices.

PHILOSOPHY OF CARE

UNYA recognizes that a one-size-fits-all approach does not work best for youth. The philosophies of two-eyed seeing, culture as therapy, trauma-informed care, harm reduction, and person-centred care provide a framework that shapes all decisions in how we interact with and respond to youth across programs.

Urban Native Youth Association Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

INDIGENOUS ELDERS – Indigenous Elders provide personal, cultural, and spiritual support through one-on-one visits or group activities that support physical, mental, emotional, and spiritual wellbeing

TRADITIONAL & CULTURAL SUPPORT – Traditional teachings and cultural practices are underpinned and weaved throughout our programs and services

CEREMONIAL PRACTICES – Sweat lodge ceremony, Cultural gatherings, Talking Circles, Pow Wows, Drum Awakenings, Healing Circles, and much more

SACRED SPACES – Have access to Sweat lodge. A new Native Youth Centre is planned which will include sacred spaces that support cultural and ceremonial practices for youth of all Nations

TRADITIONAL HEALERS AND MEDICINES – Medicine walks and workshops, traditional medicine harvesting. Traditional Healers and medicine available to youth

NATIVE YOUTH HEALTH & WELLNESS CENTRE – YOUTH PRIMARY CARE CLINIC

NURSE PRACTITIONERS – Full time Nurse Practitioner services who support all aspects of patient care for youth aged 11 – 24 years

ADOLESCENT MEDICINE PHYSICIAN – Providing bi-weekly primary care services that specialize in medical and emotional adolescent period of development care

PEDIATRICIAN – Providing bi-weekly primary care services that specialize in child and youth health

MIDWIFERY SERVICES – Provides midwifery health care to youth (up to the age of 30 years) throughout pregnancy

INTEGRATED CASE MANAGEMENT – Overall coordination of care for youth

MENTAL WELLNESS & SUBSTANCE USE

COUNSELLORS – Offer Clinical and non-clinical counselling (Individual & group) to Indigenous youth ages 13 to 24 years

MEDIATION PROGRAM – Empowering Indigenous youth ages 13 to 18 years by offering support and resources to positively engage youth and their families in the mediation process

OPIOID AGONIST TREATMENT – Support for youth to prevent withdrawal or reduction for opioid drugs to help stabilize individuals and offer harm reduction strategies

ABORIGINAL OUTREACH WORKERS – provides street outreach and support focusing on Indigenous youth under the age of 19 years with culturally safe support and advocacy

COMMUNITY & CONNECTION YOUTH PROGRAMS

YOUNG BEARS LODGE – Live-in culturally-based holistic healing lodge for Indigenous youth ages 13 to 18 years who are looking to make changes in their lives, and specifically to their relationship with drugs or alcohol

MENTORING PROGRAMS – Kinnections Mentoring Program matches Indigenous youth ages 16 to 19 with trained volunteer mentors to help transition to independence. An additional Mentorship program is targeted to youth aged 12 to 15 years building confidence and independence through community-based activities

ABORIGINAL YOUTH FIRST SPORTS & REC – Offering recreational activities to Indigenous youth ages 11 to 24 years focusing on physical activity, life choices and leadership skills

TWO-SPIRIT, LGBTQ+, AND TRANS INDIGENOUS YOUTH HEALING CIRCLES – Support available through UNYA's 2Spirit Collective who deliver programs for Indigenous youth ages 15 to 30 who identify as 2-spirit or LGBTQ+

OVERLY CREATIVE MINDS – Offered to Indigenous youth ages 11 to 24 years to explore arts and culture

FOOD SECURITY – The Food Pantry program is periodically available for Indigenous Youth aged 11-30 years

YOUTH EDUCATION & TRAINING PROGRAMS

CEDAR WALK PROGRAM – Alternative Education Program for Indigenous youth ages 16 to 19 years

ARIES PROGRAM – an alternate school for Indigenous youth ages 13 to 15 years supporting a self-paced education plan

NATIVE YOUTH LEARNING CENTRE – Drop-in learning centre, supporting personal, educational, and career development of Indigenous youth ages 15 to 30 years

HOUSING & TRANSITION

RAVENS LODGE – 24-hour live-in transitional foster home for Indigenous youth ages 12 to 18 who are in care of VACFSS.

ABORIGINAL YOUTH SAFEHOUSE – Voluntary short-term live-in program for youth ages 16 to 18 who do not have a safe place to stay

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record and Providence Health System

MANAGEMENT – CEO, Director of Youth Engagement and Medical Office Assistant provide Primary Care Clinic management and support

MAIN OFFICE

1618 East Hastings Street
Vancouver, BC V5L 1S6

PH: (604) 254 7732

info@unya.bc.ca

NATIVE YOUTH HEALTH & WELLNESS CENTRE PRIMARY CARE CLINIC

1640 East Hastings Street
Vancouver, BC V5L 1S6

PH: (604) 253 5885
CELL: (778) 837 5083

FAX: 604) 254 7234

unya.bc.ca

OPEN 5 DAYS A WEEK

Vancouver Aboriginal Health Society



449 East Hastings Street
Vancouver, BC V6A 1P5

PRIMARY CARE CLINIC
PH: (604) 255 9766
FAX: (604) 254 5750

admin@vahs.life
clinicmoa@shawbiz.ca

DENTAL CLINIC
PH: (604) 254 9900
FAX: (604) 254 9980

dentalclinic@vahs.life

vahs.life

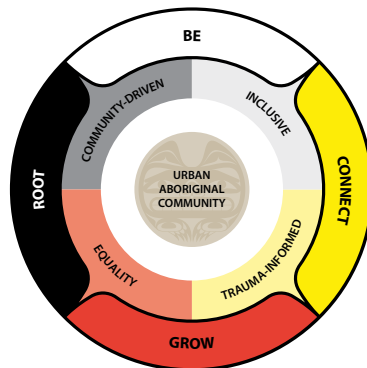
/vanabhealthsociety

@NativeVancouver

@vanaboriginalhealthsociety

OPEN 6 DAYS A WEEK
Closed Sundays

Vancouver Aboriginal Health Society (VAHS) formally Vancouver Native Health Society - was established in 1991. The philosophy of VAHS was founded on an Indigenous understanding of the deep connection between individual well-being and community. Today, Vancouver Aboriginal Health Society delivers comprehensive medical, counselling, and social services generally to Vancouver's Downtown Eastside Aboriginal community. By providing programs and services, we create a safe and community-driven environment characterized by a "culture of caring". Indigenous culture is at the foundation of our approach to health and well-being. This is an environment that is free of judgment and aims to restore the well-being of our clients. Over the past 25 years, Vancouver Aboriginal Health Society has grown into a well-known and respected community-based organization delivering unique programs and services from the four quadrants of the medicine wheel: the physical, emotional, spiritual, and mental aspects of the individual.



VISION

We are a community with a culture of caring that believes in health and healing for all.

MISSION

To improve and promote the health of the urban Indigenous community in Greater Vancouver.

VALUES

- 1) To improve the health status of Aboriginal people.
- 2) To assist, support, and undertake, if necessary, any program or activity designed to promote health care for Aboriginal people.

CULTURE

We serve our community with programs and services informed by Indigenous knowledge. We are advocates for the Indigenous community and help individuals to restore their cultural identity and find meaningful connections with others. Culture is healing. Culture is vital to one's sense of identity and a strong sense of identity is necessary for health and wellness. We create an open, judgment-free space where people feel accepted, safe, cared for, equal, and supported while they seek support.

VAHS Capabilities + Services



TRADITIONAL CULTURAL & SPIRITUAL WELLNESS

ELDERS – Elders provide one on one guidance and support through Indigenous teachings and knowledge that create opportunities for individuals to improve their health and wellbeing and connections to their community

TRADITIONAL & CULTURAL PRACTICES – Elders play an essential role in incorporating cultural traditions into all programs and services

CEREMONIAL PRACTICES/CULTURAL TEACHING CIRCLES – Seasonal ceremonies, smudging, seasonal feasts, cedar brushing, burning ceremonies, holistic wellness teachings, traditional prayers, and songs, harvesting medicines, crafts such as Jewellery making, beading, cedar weaving and drum making

CULTURAL COORDINATOR – Supports and manages the coordination of Elders and associated Cultural programs

SACRED SPACES – Have access to Sweat lodges. A new healing centre is underway in DTES which incorporates spaces that support cultural and ceremonial practices

TRADITIONAL HEALERS AND MEDICINES – Offering traditional healing and prayers. Traditional Medicine harvesting, gathering and preparation is also available

PRIMARY CARE MEDICAL CLINIC

PHYSICIANS – Providing full primary care services and consultations to clients of all ages through our multidisciplinary and comprehensive medical care clinic

NURSE PRACTITIONER – Expansion expected to include a Nurse Practitioner to support our team with all aspects of patient care, including diagnosis, treatments, and consultations

REGISTERED NURSE – Provides a wide range of preventative and primary care nursing services including communicable disease prevention

DENTAL CLINIC

DENTAL CLINIC – A volunteer-run facility providing low-cost Dental care including dental exams, cancer screening, x-rays, prescriptions, dental fillings, simple/surgical dental extractions, crowns, bridges, dentures, and root canals

MENTAL WELLNESS & SUBSTANCE USE

COUNSELLORS – Offer Clinical and non-clinical counselling (individual & group) and support services including trauma and violence informed programs and services

MENTAL HEALTH PROGRAMS - Psychiatric Services & Crisis Support; Substance Use Treatment Program; Suicide intervention and postvention; Referrals for residential treatment offered through our Primary Care Medical Clinic

VISITING PSYCHIATRIST – Provides urgent care for mental illness patients

FAMILY HEALTH SERVICES

ABORIGINAL INFANT DEVELOPMENT SUPPORT WORKERS PROGRAM – Provision of a culturally safe comprehensive early childhood development program for Indigenous families with children from birth to three years

FETAL ALCOHOL SYNDROME DISORDER (FASD) PROGRAM – Supports parents and/or caregivers that have a child aged 0-18 years old with FASD

BUILDING BLOCKS PROGRAM – An early intervention home visiting program for first-time parents with children up to five years of age

FAMILY SUPPORT WORKER PROGRAM – Offers educational and cultural programs in partnership with IEY services to families with children aged 0-18 years old

FAMILY VIOLENCE INTERVENTION PROGRAM – Offering an 8-week intervention program to foster and nurture safe and healthy family environments

SHÉWAY PROGRAM – Comprehensive health and social services to women who are pregnant or parenting children less than 18 months old. Women and Children Clinics are held on a weekly basis

YOUTH PROGRAM – Offering a weekly dedicated youth clinic

ELDER HEALTH – Elders provide one on one guidance and support

COMMUNITY HEALTH AND WELLNESS

FOOD SECURITY – The Tu'wusht Program (formally known as the Urban Aboriginal Community Kitchen/Garden Project) connects people to food, nature, and culture.

TOBACCO CONTROL / SMOKE FREE / ALCOHOL & DRUG PREVENTION – Primary Care Medical Clinic staff offer education and prevention strategies

ENABLERS

INFORMATION TECHNOLOGIES – Oscar Electronic Medical Record and Telehealth phone system

NEW HEALING CENTRE – A new indigenous-led healing centre will be operationalized to create a welcoming and supportive environment for Indigenous people in 2022

MANAGEMENT – Executive Director, Clinic Coordinator, Medical Coordinator, Medical Office Assistants, and Security & Intake workers provide Primary Care Clinic management and support

449 East Hastings Street
Vancouver, BC V6A 1P5

PRIMARY CARE CLINIC

PH: (604) 255 9766
FAX: (604) 254 5750

admin@vahs.ife
clinicmoa@shawbiz.ca

DENTAL CLINIC

PH: (604) 254 9900
FAX: (604) 254 9980

dentalclinic@vahs.llife

OPEN 6 DAYS A WEEK

Closed Sundays

APPENDIX 2

RESOURCES

COMMUNITY SERVICES AND RESOURCES FOR ABORIGINAL FAMILIES

HEALTHY LIVING AND WELLNESS

ABORIGINAL MENTAL HEALTH AND SUBSTANCE USE SERVICES

PRIMARY CARE

HEALTHY CHILD DEVELOPMENT AND PARENTING

CARE FOR ELDERS

YOUTH HEALTH AND WELLBEING

CANCER CARE

PUBLIC HEALTH AND PREVENTION OF ILLNESS, INFECTION, AND DISEASE





APPENDIX 2-1

COMMUNITY SERVICES AND RESOURCES FOR ABORIGINAL FAMILIES IN VANCOUVER (NON-HEALTH)

ORGANIZATION	SERVICES	CONTACT
Lu'ma Native Housing Society	Affordable Housing to Aboriginal families and individuals. Lu'ma owns and operates affordable housing portfolio of just under 500 units. Lu'ma has evolved and now provides a broad range of services that improve social determinants of health, including: <ul style="list-style-type: none"> • Lu'ma Native Housing • Aboriginal Patients Lodge • Community Voice Mail • Aboriginal Homeless Steering Committee Homelessness Partnering Strategy • Aboriginal Youth Mentorship • Housing Program • Aboriginal Children's Village 	2960 Nanaimo St. Vancouver BC V5N 5G3 604-876-0811 Inhs.ca/
Urban Native Youth Association (UNYA)	Offers Ravens Lodge – 24 hour living transitional foster home for Indigenous youth aged 12 to 18 years who are in the care of VACFSS. Aboriginal Youth Safehouse – Voluntary short-term live-in program for youth ages 16 to 18 who do not have a safe place to stay. Young Bears Lodge – Live-in culturally-based holistic healing lodge for Indigenous youth ages 13 to 18 years who are looking to make changes in their lives, and specifically to their relationship with drugs and alcohol.	1618 East Hastings St. Vancouver BC V5L 1S6 604-254-7732 unya.bc.ca
Vancouver Aboriginal Health Society (VAHS)	VAHS provides a volunteer-run low cost Dental Clinic as well as Food Security programs	448 E. Hastings St. Vancouver BC V6A 1P5 604-255-9766 vahs.life
Kilala Lelum Health Centre	Kilala Lelum Health Centre is located in DTES and provides food security options to those in need.	626 Powell St. Vancouver BC V6A 1H4 604-423-4244 kilalalelum.ca
Metro Vancouver Aboriginal Executive Council (MVAEC)	MVAEC serve as a collective for 25 urban Aboriginal agencies. MVAEC strategically plans for programs and services for the urban Aboriginal population and advocates and represents member agencies to various levels of government and stakeholders. <ul style="list-style-type: none"> • Arts, Culture, Language, Elders • Children, Youth & Families • Education, Training & Employment • Health & Wellness • Housing & Homelessness • Justice • Landlord Property • Mental Health 	100 - 2732 E. Hastings St. Vancouver BC V5K 1Z9 604-255-2394 mvaec.ca
Vancouver Native Housing Society (VNHS)	Vancouver Native Housing Society's mandate is to provide safe, secure, and affordable housing. The services have expanded to include housing solutions for non-Indigenous people, seniors, youth, women at risk, persons living with mental illness and the homeless and homeless at-risk populations.	1726 East Hastings St. Vancouver BC V5L 1S9 604-320-3312 vnhs.ca
Aboriginal Housing Management Association (AHMA)	AHMA is an umbrella organization composed of 41 Members that are each Indigenous Housing providers. Created for Indigenous Peoples by Indigenous Peoples and is the first Indigenous Housing Authority in Canada and only second in the world.	615 - 100 Park Royal South. West Vancouver BC V7T 1A2 604-921-2462 ahma-bc.org
BC Métis Federation	The BC Métis Federation (BCMF) is a non-profit association that works with Métis (mixed First Nations and European ancestry) communities to ensure the well-being of grassroots BCMF members.	300 - 3665 Kingsway Vancouver BC V5R 5W2 604-638-7220 bcmetis.com
Vancouver Métis Community Association	Offers social and cultural supports for people of Métis affiliation, and advocacy for Métis issues	310 - 744 W. Hasting St. Vancouver BC V6C 1A5 Phone: 604-682-2933 vancouvermetis.com

ORGANIZATION	SERVICES	CONTACT
Helping Spirit Lodge Society	Wrap-around services to Women and Children fleeing violence. Transition Housing and Programming; Subsidized Housing; and Long Term/Permanent Housing Support (Journey Home Program)	3965 Dumfries St. Vancouver BC V5N 5R3 604-874-6629 hsls.ca
Native Brotherhood of British Columbia	The Native Brotherhood of B.C. is a membership organization representing, First Nations Fishermen, Tendermen, and shoreworkers in British Columbia Canada. Support is given to promote the social, spiritual, economic, and physical conditions of its members, including higher standards of education, health and living conditions.	110 - 100 Park Royal South West Vancouver BC V7T 1A2 604-913-2997 nativebrotherhood.ca
University of British Columbia	Portal for all Indigenous students to access with several resources.	1822 East Mall Vancouver BC V6T 1Z1 604-822-2177 indigenous.ubc.ca/
Vancouver Urban Ministries	Vancouver Urban Ministries help little children with learning challenges a genuine opportunity to grow intellectually and emotionally, develop healthy outlooks in life, and reach their fullest potential. They aim to help break the cycle of poverty for some of the neediest families in East Vancouver.	4847 Joyce St. Vancouver BC V5R 4G4 604-345-6528 myvum.ca
Indigenous Adult and Higher Learning Association (IAHLA)	IAHLA is a community-based institute offering a broad spectrum of courses and programs that include: college and university programs leading to certificates, diplomas, and degrees; Adult Basic Education leading to the Adult Dogwood Diploma for secondary school completion; language instruction; occupation specific training and upgrading; and a broad spectrum of lifespan learning programs that support Aboriginal people, communities, languages, and cultures.	113 - 100 Park Royal South West Vancouver BC V7T 1A2 604-925-6087 iahla.ca
Stitsma Employment Centre	Stitsma helps clients get on the path to education or training that will lead to meaningful employment. Support is given with tuition, books travel and living allowances in some circumstances.	345 West 5th St. North Vancouver BC V7M 1K2 604-985-7711 squamish.net
Nis'ga'a Ts'amiks Vancouver Society	A non-profit community organization that works to enhance the social, economic, physical, cultural, and spiritual wellbeing of the 1,400 Nisga'a Citizens that reside in the Vancouver and Vancouver Island area.	3983 Dumfries St. Vancouver BC V5N 5R3 604-646-4944 tsamiks.com
Cedar Cottage Neighbourhood House	Cedar Cottage Neighbourhood House strengthens the community by providing programs and services that meet the needs of our neighbours. Different services are provided across the lifespan.	4065 Victoria Dr. Vancouver BC V5N 4M9 604-874-4231 cedarcottage.org
Vancouver Aboriginal Friendship Centre Society (VAFCS)	VAFCS is a charitable organization and emphasizes the philosophies and values of varied Aboriginal culture and traditions. Programs that are offered include: Recreation, Elders Wisdom, Indigenous Hippy, Family Support and Friendship Family Place.	1618 E. Hastings St. 1607 E. Hastings St. Vancouver BC V5L 1S7 604-251-4844 vafcs.org
Skwachays Lodge	The Artists in Residence opportunity at Skwachàys Lodge is a unique and life-changing housing program for practicing Indigenous artists.	29/31 West Pender St. Vancouver BC V6B 1R3 604-685-1076 skwachays.com/artist-in-residence



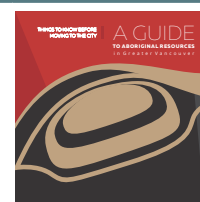
ORGANIZATION	SERVICES	CONTACT
Vancouver Aboriginal Transformative Justice Services Society	Services for Indigenous youth, adults, and Families: justice, housing, prevention, and supportive programs.	2982 Nanaimo St. Vancouver BC V5N 5G3 604-251-7200 vatjss.com
Circle of Eagles Lodge Society	Programs and Services include Sister Lodge, Brothers Lodge, Healing Journey, Coels Prep, Housing, Circle of Healing, Peer Support, Section 84, and Harm Reduction.	1470 E Broadway Vancouver BC V5N 1V6 604-874-9610 circleofeagles.com
Aboriginal Mother Centre Society	The Aboriginal Mother Centre, dedicated to moving mothers and children at risk off the streets under one roof with support, tools and resources a mother needs to rebuild her health, self esteem and skills to regain and retain her child. Services include: <ul style="list-style-type: none"> • Transformational Housing • Daycare • Family Wellness Program • Homelessness Outreach Program • Community Kitchen 	2019 Dundas St. Vancouver BC V5L 2J7 604-558-2627 aboriginalmothercentre.ca
Atira Women's Resource Society	An organization that advocates for systems change and provide Indigenous, culturally safe learning and offer holistic supports to uplift Indigenous women and strengthen families. <ul style="list-style-type: none"> • Home Care Services • Lifting Families up • Indigenous Woman's Rise • Languages • Urban Butterflies • Drum Circle - Online 	2017 Dundas St. Vancouver BC V5L 1J5 604-872-1849 pafnw.ca

RESOURCES

A Guide to Aboriginal Resources

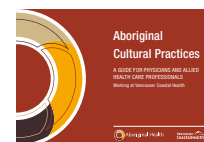
This resource is to provide information to help First Nations and Aboriginal families recently arrived in Vancouver to access a wide range of community services (health, education, training, employments, housing help, etc..

[Inhs.ca/wp-content/uploads/2017/08/Luma-A-Guide-to-Aboriginal-Resources-FINAL-july2017.pdf](https://inhs.ca/wp-content/uploads/2017/08/Luma-A-Guide-to-Aboriginal-Resources-FINAL-july2017.pdf)

**Aboriginal Cultural Practices: A guide for Physicians and Allied Health Care Professionals**

A guide for Health Practitioners in Aboriginal Cultural Practices when working with Aboriginal patients (available in hard copy from Vancouver Coastal Health's Aboriginal Health Team or as an App)

apps.apple.com/ca/app/aboriginal-cultural-practices/id1353126233








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APPENDIX 2-2
HEALTHY LIVING AND WELLNESS

ORGANIZATION	SERVICES	CONTACT
First Nations Health Authority	<ul style="list-style-type: none"> • Physical Activity • Nutrition <p>fnha.ca/what-we-do/healthy-living</p>	<ul style="list-style-type: none"> • Smoking Cessation <p>501-100 Park Royal South, West Vancouver BC V7T 1A2 604 693 6500</p>
Smoking Cessation Clinic VGH	<p>Smoking cessation support.</p> <p>ubccardio.com/specialty-clinics/smoking-cessation-at-vgh/</p>	<p>2775 Laurel Street, 6th Floor Vancouver BC V5Z 1M9 604-875-4111 ext. 62348</p>
HealthLink BC Eating and Activity Program for Kids	<p>VAHS provides a volunteer-run low cost Dental Clinic as well as Food Security programs.</p> <p>healthlinkbc.ca/healthy-eating/healthy-weight/kids-program</p>	

RESOURCES

Health and Wellness Daily Organizer	<p>This Daily Organizer is to support community members to achieve and maintain a healthy lifestyle.</p> <p>fnha.ca/WellnessSite/WellnessDocuments/Wellness_Diary.pdf</p>	
First Nations Traditional Foods Fact Sheets	<p>A 31-page document sharing how to harvest and cook traditional First Nations foods.</p> <p>fnha.ca/WellnessSite/WellnessDocuments/Traditional_Food_Facts_Sheets.pdf</p>	
Healthy Food Guidelines for First Nations Communities	<p>These guidelines are intended to support community members in educating each other about better food and drink choices to offer in schools, meetings, homes, cultural and recreational events, and in restaurants.</p> <p>fnha.ca/WellnessSite/WellnessDocuments/Healthy_Food_Guidelines_for_First_Nations_Communities.pdf</p>	
Setting the Table	<p>Voices of South Island Elders & communities who provides education on sugary drinks and healthy eating for children.</p> <p>fnha.ca/WellnessSite/WellnessDocuments/VIHA-Setting-The-Table.pdf</p>	
Best Choices for Drinks at Home	<p>Healthy choices for drinks at home.</p> <p>fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Choices-For-Drinks.pdf</p>	

RESOURCES

Yuusnewas – Taking Care of Each Other

Resource to talk about sexual health, and healthy relationships.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Yuusnewas-AYP-Poster.pdf



A Healthy Home

Poster identifying how to keep your home healthy.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Environmental-Health-a-Healthy-Home-poster.pdf





**APPENDIX 2-3
ABORIGINAL MENTAL HEALTH AND SUBSTANCE USE SERVICES AND RESOURCES**

ORGANIZATION	SERVICES	CONTACT
Musqueam Indian Band – Health Department	Provides the following services for Musqueam Indian Band members: <ul style="list-style-type: none"> • Mental Wellness counsellors • Art & Play Therapist • Traditional Healers and Elders & Medicines 	6735 Salish Drive Vancouver BC V6N 4C4 604-263-3261 musqueam.bc.ca
Squamish Nation – Yúustway Health & Wellness Department	Provides the following services for Squamish Nation members: <ul style="list-style-type: none"> • Concurrent Wellness Specialist Counsellors • Addictions Counsellor • Traditional Healers and Elders & Medicines 	Unit 9A, 380 Welch St. West Vancouver BC V7P 0A7 604-982-0332 squamish.net
Tsleil-Waututh Nation – Health Department	Provides the following services for Tsleil-Waututh Nation members: <ul style="list-style-type: none"> • Mental Wellness Counsellors • Expressive Art Play Therapist • Peer Support Workers • Addictions Counsellor • Spiritual Healer • Traditional Healers and Elders & Medicines 	3168 Alder Court North Vancouver BC V7H 2V6 604-929-4133 twnation.ca
Lu’ma Medical Centre	Provides the following services: <ul style="list-style-type: none"> • Traditional Elders & Medicine • Holistic Mental Wellness Counselling services • Social Navigators 	2970 Nanaimo St. Vancouver BC V5N 5G3 604 -558-8822 Inhs.ca/luma-medical-centre
Urban Native Youth Association (UNYA)	Youth Services: <ul style="list-style-type: none"> • Alcohol & Drug Counsellors • Aboriginal Wellness Counsellor • Mediation Program • Opioid Agonist Treatment 	1618 E. Hastings St. Vancouver BC V5L 1S6 604-254-7732 unya.bc.ca
Vancouver Aboriginal Health Society (VAHS)	Provides the following services: <ul style="list-style-type: none"> • Mental Wellness Counsellors • Mental Health Programs • Traditional Healers & Elders & Medicines 	448 E. Hastings St. Vancouver BC V6A 1P5 Phone: 604-255-9766 www.vahs.life
Kilala Lelum	Provides the following services: <ul style="list-style-type: none"> • Mental Wellness Counsellors • Wellness Coaches • Indigenous Elders one on one counselling • Opioid Agonist Therapy 	626 Powell St. Vancouver BC V6A 1H4 604-620-4010 kilalalelum.ca
Vancouver Coastal Health Aboriginal Wellness Program (AWP)	The Aboriginal Wellness Program develops and delivers culturally safe mental wellness and addiction programs for First Nations and Aboriginal people residing within the Lower Mainland including: <ul style="list-style-type: none"> • Adult counselling • Cultural support & teachings • Acute and short-term mental health • Community mental health services • Mental health tertiary services • Addiction services • Support groups • Children and youth mental health services • Mental health outpatient services • Older Adult Mental Health • Crisis intervention and suicide prevention 	288 - 2750 East Hastings St. Vancouver BC V5K 1Z9 604-675-2551 255 East 12th Ave. Vancouver BC V5T 2H1 604-875-6601 vch.ca/your-care/aboriginal-health
Native Court Workers & Counselling Association of BC	Mental health and addictions counselling and treatment.	520 Richards St. Vancouver BC V6B 3A2 604-985-5355 nccabc.ca

COMMUNITY SERVICES
HEALTHY LIVING & WELLNESS
MENTAL HEALTH & SUBSTANCE USE
PRIMARY CARE
HEALTHY CHILDREN & PARENTING
CARE FOR ELDERLY
YOUTH HEALTH & WELLBEING
CANCER CARE
PUBLIC HEALTH

ORGANIZATION	SERVICES	CONTACT
Ku'us 24-hour crisis line	24 Hour Crisis Line for Adults/Elders & Youth. The KUU-US Crisis Line Society operates a 24-hour provincial aboriginal crisis line for: Adults/Elders 250-723-4050 Child/Youth 250-723-2040 Toll Free Line 1-800-588-8717	3965 Dumfries St. Vancouver BC V5N 5R3 604-874-6629 kuu-uscrisisline.ca
First Nations Health Authority (FNHA)	First Nations Health Benefits (for Status First Nations): Cover for designated number of counselling sessions related to: • Mental Wellness and Counselling • Indian Residential School Resolution Health Support Program • Missing and Murdered Indigenous Women and Girls Health Support Services	501-100 Park Royal South, West Vancouver BC V7T 1A2 604-693-6500 fnha.ca/benefits/ mental-health
Warriors against Violence (WAV)	WAV looks at a need to restore the traditional Aboriginal values of honour, respect, and equality. The Circle of Life includes elders, lifegivers, men, and youth. All have a right to live in non-violent families and communities.	2425 Oxford St. Vancouver BC V5K 1M7 604-255-3240 wav-bc.com
Metro Vancouver Indigenous Services Society (MVISS)	<ul style="list-style-type: none"> • Group Healing Facilitation • Individual and Family Counselling. • Culturally based, trauma-informed practice. • Group work on areas such as: sexual abuse; grief and loss; historic trauma; residential school impacts, psychodramatic bodywork, etc. • Elders, Cultural Workers, and other Knowledge Keepers. 	100 - 2732 E. Hastings St. Vancouver BC V5K 1Z9 604-255-2394 mviiss.ca
Indian Residential School Survivors Society	<ul style="list-style-type: none"> • Counselling • Health Support • Cultural Support 	413 W. Esplanade Ave. North Vancouver BC V7M 1A6 604-925-4464 irsss.ca

RESOURCES

FACT SHEET: Indigenous Harm Reduction Principles and Practices

Indigenous Wellness Program at First Nations Health Authority is developing 'Indigenous Harm Reduction' principles and practices as a learning diagram to host conversations regarding addiction and harm reduction.

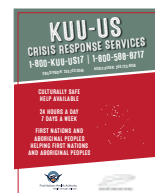
fnha.ca/WellnessSite/WellnessDocuments/FNHA-Indigenous-Harm-Reduction-Principles-and-Practices-Fact-Sheet.pdf



KUU-US Crisis Response

24 Hours a day 7 days a week Crisis line.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-KUU-US-Poster.pdf





APPENDIX 2-4 PRIMARY CARE – FIRST NATIONS ABORIGINAL PRIMARY CARE NETWORK

ORGANIZATION	SERVICES	CONTACT
Musqueam Indian Band – Health Department	Provides the following services for Musqueam Indian Band members, both on- and off-reserve: <ul style="list-style-type: none"> • Family Physicians • Medical Office Assistant • Traditional Healers & Elders • Nurse Practitioner • Counsellors 	6735 Salish Drive Vancouver BC V6N 4C4 604-263-3261 musqueam.bc.ca
Squamish Nation – Yúustway Health & Wellness Department	Provides the following services for Squamish Nation members, both on- and off-reserve: <ul style="list-style-type: none"> • Family Physicians (including Naturopathic Doctor) • Nurse Practitioner • Counsellors • Medical Office Assistants • Traditional Healers & Elders 	Unit 9A, 380 Welch St. West Vancouver BC V7P 0A7 604-982-0332 squamish.net
Tsleil-Waututh Nation Ćećəwet Ieləṃ Helping House	Provides the following services for Tsleil-Waututh Nation members, both on- and off-reserve: <ul style="list-style-type: none"> • Family Physicians • Medical Office Assistant • Elders • Nurse Practitioner • Traditional & Spiritual Healing • Counsellors 	3168 Alder Court North Vancouver BC V7H 2V6 604-929-4133 twnation.ca
Urban Native Youth Association (UNYA)	Primary care services targeted for Indigenous youth: <ul style="list-style-type: none"> • Visiting Adolescent Medicine Physician and Paediatrician • Nurse Practitioners • Counsellors (provides access to several other youth programs on site) • Midwives 	1618 E. Hastings St. Vancouver BC V5L 1S6 604-254-7732 unya.bc.ca
Lu'ma Medical Centre	<ul style="list-style-type: none"> • Family Physicians • Registered Nurses • Counsellors • Pediatricians • Midwifery Services • Nurse Practitioners • Traditional Elders / Healers • Social Navigator 	2970 Nanaimo St. Vancouver BC V5N 5G3 604 -558-8822 Inhs.ca/luma-medical-centre
Vancouver Aboriginal Health Society (VAHS)	Targeted primary care for Aboriginal residents of Downtown East Side: <ul style="list-style-type: none"> • Family Physicians/Medical Practitioners • Nurses • One on one Elder counselling • Nurse Practitioner • Counsellors 	449 E. Hastings St. Vancouver BC V6A 1P5 Phone: 604-255-9766 www.vahs.life
Kilala Lelum Health Centre	Targeted primary care for Aboriginal residents of Downtown East Side: <ul style="list-style-type: none"> • Family Physicians/Medical Practitioners • Nurses • One on one Elder counselling • Nurse Practitioner • Counsellors 	626 Powell St. Vancouver, BC V6A 1H4 604-620-4010 kilalalelum.ca

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APPENDIX 2-5 HEALTHY CHILD DEVELOPMENT AND PARENTING

ORGANIZATION	SERVICES	CONTACT
Vancouver Aboriginal Child and Family Services Society (VACFSS)	<ul style="list-style-type: none"> • Child Protection Services • Restorative Family services 	471 East Broadway, Vancouver BC V5T 1W9 778-331-4500 vacfss.com
Singing Frog Aboriginal Head Start Preschool	<ul style="list-style-type: none"> • Child Care Resources and Referrals acc-society.bc.ca/services/bcaccs-preschools/singing-frog-ahs-preschool/	2150 McLean Dr. Vancouver BC V5N 5X9 604-253-5388
BC Aboriginal Child Care Society	<ul style="list-style-type: none"> • Child services • VACFASS, Foster kids • Eagles Nest Aboriginal Start Preschool 	708 - 100 Park Royal South, West Vancouver BC V7T 1A2 604-913-9128 acc-society.bc.ca
Ayas Men Men Child & Family Services	<p>For Squamish Nation members:</p> <ul style="list-style-type: none"> • Case Management/Family Therapy • Prevention & Community Awareness • Nexwniwitway Family Circle Program (family group conference) • Child & Youth Support including SN Youth Center • Family Programs 	PO Box 51570 911 Park Royal South West Vancouver BC V7T 1A0 604-985-4111 squamish.net
Federation of Aboriginal Foster Parents	Support for caregivers of Aboriginal Children	3455 Kaslo St. Vancouver BC V5M 3H4 604-291-7091 fafp.ca
Jordan's Principle Call Centre	<p>First Nations children living in Canada can access the products, services, and supports they need, when they need them. Funding can help with a wide range of health, social and educational needs, including the unique needs that First Nations Two-Spirit and LGBTQIA children and youth and those with disabilities may have.</p> <p>sac-isc.gc.ca/eng/1568396042341/1568396159824?utm_campaign=indigenous-health-17&utm_medium=vurl&utm_source=canada-ca-jordansprinciple-en</p>	604-693-6522

RESOURCES

3 Ways to Protect your Baby's Smile

One-page poster of 3 points to support a baby's oral health.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Protect-Babys-Smile.pdf



Breastfeeding Wellness Teachings

A promotional guide to support Breastfeeding for First Nations mothers.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Breastfeeding-Wellness-Tips-For-Mothers.pdf



RESOURCES

Brushing Morning and Night

Interactive chart for children to remind them to brush their teeth.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Brushing-Chart.pdf

**Creating Healthy Lunches**

Useful Lunchbox tips.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Creating-Healthy-Lunches.pdf

**Bottle Feeding**

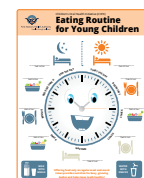
One-page resource to support bottle feeding.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Bottle-Feeding.pdf

**Eating Routine for Young Children**

One-page promotional resource for children's eating routine.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Eating-Routine.pdf

**Safe Sleep Toolkit**

Toolkit, with cards, posters to promote safe sleep for infants.

fnha.ca/wellness/wellness-for-first-nations/women-men-children-and-families/infants/safe-infant-sleep-toolkit-safe-sleep-cards-and-guide

**Growing up Healthy**

A resource booklet about healthy children for First Nations and Métis parents in BC.

fnha.ca/WellnessSite/WellnessDocuments/growingup.pdf

**Urban Native Youth Association Parenting Booklet for Native Youth**

This 48-page booklet focuses on Belonging, Activity, Learning, Acknowledgment, Nurturing, Compassion, and Engagement as very important building blocks for a good foundation for anyone to be the best parent they can be to their child.

unya.bc.ca/wp-content/uploads/2018/05/balance-for-websitesm.pdf

**Parents as First Teachers**

A resource booklet about how children learn for First Nations and Métis parents in BC.

fnha.ca/WellnessSite/WellnessDocuments/parentteacher.pdf



RESOURCES

Fatherhood is Forever

A resource booklet about fathering for First Nations and Métis parents in BC.

fnha.ca/WellnessSite/WellnessDocuments/fatherhood-is-forever.pdf



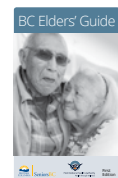
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**APPENDIX 2-6
CARE FOR ELDER**

ORGANIZATION	SERVICES	CONTACT
Vancouver Coastal Health	Elders-in-Residence – able to support patients in hospital or VCH Community Health Clinics. Contact via VCH Aboriginal Health.	288-2750 East Hastings St. Vancouver BC V5K 1Z9 604-675-2551 vch.ca/your-care/aboriginal-health
Kilala Lelum Primary Care Clinic	<ul style="list-style-type: none"> • One-on-one Elder counselling 	626 Powell St. Vancouver BC V6A 1H4 604-620-4010 kilalalelum.ca/clinics-programs/primary-care/
Lu'ma Medical Centre	<ul style="list-style-type: none"> • Traditional Elders/Healers • Healing Sacred Space • Counselling • Social Navigation 	2970 Nanaimo St. Vancouver BC V5N 5G3 604-558-8822 Inhs.ca/luma-medical-centre/
Vancouver Aboriginal Health Society (VAHS)	<ul style="list-style-type: none"> • Traditional Elders/Healers providing counselling 	449 East Hastings St. Vancouver BC V6A 1P 604-225-9766 vahs.life/medical-clinic

RESOURCES
BC Elders Guide

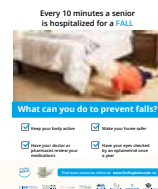
An Elders specific guide, to inform them of the services and benefits that they are entitled to.
fnha.ca/WellnessSite/WellnessDocuments/BC_EldersGuide.pdf


End of Life

Information for Families when End of Life is near.
fnha.ca/WellnessSite/WellnessDocuments/FNHA-End-of-Life-Brochure.pdf


Falls Prevention

A one-page poster based on falls prevention for the elderly.
fnha.ca/WellnessSite/WellnessDocuments/Falls-Prevention-Poster-1.pdf



RESOURCES

Oral Health in Elders

Poster on advice for Elders on how to protect their natural teeth and dentures.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-COHI-Elder-Oral-Care-Dentures.pdf



Elder Abuse and Neglect

Pamphlet identifying what is elder abuse and neglect and who to contact.

fnha.ca/WellnessSite/WellnessDocuments/React-Pamphlet.pdf



Staying Independent

Brochure and advice for elderly to keep independent.

fnha.ca/WellnessSite/WellnessDocuments/Seniors-BC-Staying-Independent-Brochure.pdf



APPENDIX 2-7
YOUTH HEALTH AND WELLBEING

ORGANIZATION	SERVICES	CONTACT
Urban Native Youth Association (UNYA)	<p>UNYA provides an extensive range of youth services for Aboriginal youth including (but not limited to):</p> <ul style="list-style-type: none"> • Aboriginal Youth Worker • Aboriginal Transition Team • Native Youth Learning Centre • Mentoring Program • Aboriginal Youth Safehouse • Young Bears Lodge • Aboriginal Youth First Sports and Recreation Program • Alcohol & Drug Counsellors • Aboriginal Wellness Counsellor • Meditation Program • Aboriginal Outreach Team • 2-Spirit Collective 	<p>1618 E. Hastings St. Vancouver BC V5L 1S6 604-254-7732 unya.bc.ca</p>
Youth Pregnancy and Parenting	<ul style="list-style-type: none"> • Pregnancy support for Moms 22 and under 	<p>1669 E Broadway, 2nd Floor Vancouver BC V5N 1V9 604-675-3983 vch.ca</p>
Broadway Youth Resource Centre (BYRC)	<ul style="list-style-type: none"> • Aboriginal Youth Victim Support Worker 	<p>691 East Broadway, Vancouver BC V5T 1X7 604-709-5720 pcrs.ca</p>
YWCA Metro Vancouver Program Centre	<ul style="list-style-type: none"> • Empowering women's equity 	<p>535 Hornby St. Vancouver BC V6C 2E8 604-895-5798 ywcavan.org</p>
Knowledgeable Aboriginal Youth Association (KAYA)	<ul style="list-style-type: none"> • Youth programs to build resilience and self confidence 	<p>100 - 1725 East Pender St. Vancouver BC V5L 1W5 604-254-5513 orgs.tigweb.org/knowledgeable-aboriginal-youth-association-kaya</p>
Big Sisters of BC Lower Mainland	<ul style="list-style-type: none"> • Mentoring 	<p>34 East 12th Ave. Vancouver BC V5T 2G5 604-873-4525 bigsisisters.bc.ca/</p>
ACCESS (Aboriginal Community Careers Employment Services Society)	<ul style="list-style-type: none"> • Career pathways • Employment opportunities 	<p>390 Main St. Vancouver BC V6A 2T1 Phone: 604-688-9116 accessfutures.com</p>

RESOURCES

Helping Hands: Empowering Native Youth

This resource manual, specifically for Native youth, includes information about a wide range of programs, services, and resources for youth and their families in Metro Vancouver.

unya.bc.ca/wp-content/uploads/2018/05/unya-helping-hands-resource-manual-4th-editions.pdf


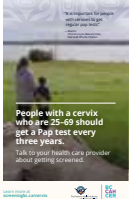


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APPENDIX 2-8
CANCER CARE FOR ABORIGINAL PEOPLE

ORGANIZATION	SERVICES	CONTACT
PHSA: Indigenous Health Program	<ul style="list-style-type: none"> Aboriginal support personnel who can help cancer patients using PHSA programs. 	GENERAL INQUIRIES 604-707-6398 louisiana.nystrom@phsa.ca phsa.ca/our-services/programs-services/indigenous-health#Partners--&--resources
Inspire Health Supportive Cancer Care	<ul style="list-style-type: none"> Support for patients living with Cancer 	1330 W 8th Ave Unit #200, Vancouver BC V6H 4A 604-734-7125 inspirehealth.ca
BC Cancer Screening	<ul style="list-style-type: none"> Screening Clinic 	NORTH VANCOUVER 100-126 East 15th St. North Vancouver BC V7L 2P9 1-800-663-9203 VANCOUVER Mount St. Joseph Hospital, Radiology Department 3080 Prince Edward St. Vancouver BC V5T 3N4 604-877-8388 BC Women's Hospital & Health Centre 4480 Oak St., Block F2 Vancouver BC V6H 3V4 604-775-0022 bccancer.bc.ca/screening

RESOURCES

Living with Cancer: Everyone Deserves Support	This resource includes culturally appropriate and safe information on patient rights and navigating the cancer journey. fnha.ca/what-we-do/healthy-living/cancer-prevention	
Cervical Screening	A number of postcards to promote cervical smears. fnha.ca/WellnessSite/WellnessDocuments/FNHA-BC-Cancer-Cervical-Cancer-Screening-Poster.pdf	

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APPENDIX 2-9 PUBLIC HEALTH AND PREVENTION OF ILLNESS, INFECTION, AND DISEASE

ORGANIZATION	SERVICES	CONTACT
Red Road HIV/AIDS Network Society	<ul style="list-style-type: none"> HIV/AIDS reduction 	61 - 1959 Marine Dr. North Vancouver BC V7P 3G1 778-340-3388 red-road.org
Canadian Aboriginal AIDS Network	<ul style="list-style-type: none"> Addresses a wide range of infectious diseases 	6520 Salish Dr. Vancouver BC V6N 2C7 604-266-7616 caan.ca
BC Centre for Disease Control	Chee Mamuk Program: <ul style="list-style-type: none"> Disease surveillance, detection, treatment, prevention, and consultation TB Services for Aboriginal Communities Education for Aboriginal communities 	CLINICAL PREVENTION SERVICES 604-707-5605 Fax: 604-707-5604 cheemamuk@bccdc.ca bccdc.ca/our-services/programs/chee-mamuk

RESOURCES

Food Safety for First Nations Foodborne Illness

Pamphlet to promote unwanted foodborne illnesses.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Food-Safety-For-First-Nations-Foodborne-Illness-Brochure.pdf



Food Safety for First Nations Community Events

Pamphlet to promote food handling practices.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Food-Safety-For-First-Nations-Community-Events-Brochure.pdf



Handwashing

A poster sharing how to wash your hands while preparing food to prevent illnesses.

fnha.ca/WellnessSite/WellnessDocuments/FNHA-Handwashing-Poster.pdf





First Nations and Aboriginal
PRIMARY CARE NETWORK



First Nations and Aboriginal
PRIMARY CARE NETWORK



Musqueam Indian
Band



Squamish Nation



Tsleil-Waututh
Nation



Tla'amin
Health



Kilala Lelum
Health Centre



Lu'ma
Medical Centre



URBAN NATIVE YOUTH
ASSOCIATION

Urban Native
Youth Association



Vancouver Aboriginal
Health Society